

October 2026 – Orillia Adult Day Services

SEE BACK FOR ALL PROGRAM DETAILS

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	Orillia program runs From 9:00 am – 4:00 pm every Monday and Thursday St Paul's Centre 62 Peter St N, Orillia You must be eligible for services & a registered client to participate Staff Contact Info: Taylor Scott 705 – 734- 2178 ext. 237 tscott@braininjuryservices.ca Mat MacLaren-Coombe 705 – 734 – 2178 ext. 236 mmaclarencoombe@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca
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5 Mexican Train Education: Ted Talk: The Skill of Humor Play Nine	6	7	8	9	
12 Closed for Thanksgiving	13	14	15	16	
19 Arts & Crafts Joker Rummy Walk to Orillia Library	20	21	22	23	
26 Diner's Club!  Breakfast – Bacon & Eggs Bingo!	27	28	29	30	

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Program Descriptions:	
October 5	We will be starting our morning with a Ted Talk video that discusses the benefits of Humor. Followed up a few of our classic games.
October 12	Closed for Thanksgiving
October 19	We will start the day by completing an Arts & Crafts exercise which helps improves physical coordination, boosting brain function, and offering a safe way to process emotions while having fun. After lunch, as a group we will go for a walk to the Orillia Library to see what events are coming up. (Weather Pending)
October 26	Diner's Club – We will be walking to the grocery store as a group to purchase the items needed to make breakfast for lunch. We will be making Eggs, Bacon and Toast. We will break into groups to complete the tasks required. Purpose of this is to teach budgeting, independence and learning how to make a meal.