

October 2026 – Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	TH Drop Ins	FRI	Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday. You must be eligible for services & a registered client to participate Staff Contact Info: Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca Jordan (Mon/Fri) 705-734-2178 ext. 233 ljchadderton@braininjuryservices.ca Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca Taylor (Tues/Fri) 705- 734- 2178 ext. 237 tscott@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence*
			1 International Music Day 10am – 12pm Hitster/Music Trivia 1pm – 3pm Gratitude Bingo	2 Play Nine 10,000 Karma	
5 Online Brain Games Phase 10 Hitster Music Game	6 Arts & Crafts Flip 7 Scattergories	7 Reading Exercise Quiddler Scattergories	8 Your Choice Games 1 pm – 3 pm Alzheimer's Society Speaker: "Brain Health" @ 2:00 pm	9 Reading Exercise Swimming (Optional) Bingo	
12 Closed for Thanksgiving	13 Quiddler Play Nine Phase 10	14 Online Brain Games Horseshow Toss Joker Rummy	15 10 am – 12 pm Slingers Game 1 pm – 3 pm Armchair Travel: South Africa	16 Bowling (Optional) Play Nine Karma	
19 Karma Scattergories Wizard	20 Diner's Club – Breakfast Wizard	21 Diner's Club – Breakfast Wizard	22 10 am – 12 pm Halloween Trivia 1 pm – 3 pm Pumpkin Painting	23 Flip 7 Axe Throwing Quiddler	
26 Quiddler Bean Bag Toss Play Nine	27 Pumpkin Painting 10,000 Ladder Ball	28 Arts & Crafts – Halloween Theme Flip 7 Your Choice!	29 10 am – 12 pm Baking Pumpkin Cookies 1 pm – 3 pm Costume Contest and Party	30 Online Barin Games Halloween Costume Contest/Trivia Your Choice!	

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Highlights for this month!

October 6/28 - We will start the day by completing an Arts & Crafts exercise which helps improves physical coordination, boosting brain function, and offering a safe way to process emotions while having fun.

October 9 - Swimming (Optional) – Swimming will be available for those interested. We will take a taxi from the BIS program site at 9:30am and you will have the choice to swim or do Aquafit from 10:00am – 11:00am. Price is \$5.65, or \$4.80 for seniors 60+. For those who do not wish to swim, meet at us at BIS at the usual time for a fun morning of games.

October 12 – Closed for Thanksgiving

October 15 - Bowling at Bowlerama (Bayfield Mall) – The group will meet at Bowlerama in Bayfield Mall (320 Bayfield St.) at 10:00 am. We will spend the full day there, bowling in the morning and games in the afternoon. Please bring lunch, as no microwave is available, or purchase food from the snack bar. Bowling costs \$15.00. Please arrange pickup from the bowling alley at 3:30 pm at the rear entrance of Bayfield Mall. Bowling is optional; clients may stay at the day program instead.

October 20/21 – Diner's Club – As a group we will be rebuilding our cognitive skills while also working on independence by walking over to the grocery store to purchase items needed to make a meal and as a team we will learn to cook and prepare a meal. Today menu is breakfast for lunch, bacon eggs and toast!

October 27 – With Halloween around the corner, we will work on improving our cognitive function with painting miniature pumpkins to leave out for trick or treaters.

October 30 – Halloween Party – Come dressed up in your Halloween costume, everyone will vote for their favourite costume, Winner gets a prize!