

September 2026 – Midland Adult Day Services

See back for all program details including time & location.

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 Midland program runs Tuesdays and Thursdays 9:30 - 3:30 Midland Royal Canadian Legion Branch 80 196 Queen St. Midland ON L4R 0C8 You must be eligible for services and a registered client to participate. Staff Contact Info: Mat 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca Jeremy 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca Jordan 705 – 734 – 2178 ext. 233 jcameron@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca
	1 Dominoes: Mexican Train Trivia Skip-Bo	2	3 Sequence Phase 10 Pass the Ace	4	
7 Labour Day	8 Imaginiff Cornhole Just One	9	10 Chair Exercises Flip 7 30 Dice	11	
14	15 Armchair Travel to Brazil Taboo Left, Center, Right	16	17 Scattergories Euchre Uno	18	
21	22 First Day of Autumn Sun Print Art Apples to Apples Word Association	23	24 BOWLING at Bayshore Lanes (10:00 am) Double Happiness Chinese Restaurant (12:15 pm)	25	
28	29 Spotlight Series Hitster Wizard	30 National Day for Truth and Reconciliation			

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Program Descriptions:	
Tuesday 15 th	Join us as we “travel” to Brazil in our Armchair Travel series! We’ll enjoy various fun and educational activities that will increase our knowledge of this beautiful country!
Tuesday 22 nd	“ Sun print art , or cyanotype, is an easy camera-free photographic craft. You place objects like leaves or flowers on light-sensitive paper, put it in the sun for a few minutes, and rinse it in water to reveal a sharp white silhouette against a rich blue background.”
Thursday 24 th	- Please note we will not be at the Legion this day. (Thursday 24th) Please arrange for your transportation to drop you off at Bayshore Lanes (205 King St.) at 10:00 AM for a morning of Bowling. Following this we will walk over* to Double Happiness Chinese Restaurant (233 King St.) for 12:15 pm for lunch and a few games. Please have your transportation <u>pick you up from Double Happiness at 3:00 pm</u>. Hope to see you there! *Please advise to bring any mobility devices that you may need for bowling or our walk to Double Happiness.
Tuesday 29 th	Spotlight Series – This is a chance for YOU to share something that is meaningful to you with the group. It could be an item, a hobby, sharing a personal story, or teaching a skill to the group! Let staff know what you would like to share with the group.