

September 2026 – Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	THU Drop-In	FRI	Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday. You must be eligible for services & a registered client to participate Staff Contact Info: Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca Jordan (Mon/Fri) 705-734-2178 ext. 233 jcameron@braininjuryservices.ca Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca Angie (Tues/Fri) 705-734-2178 ext. 242 aspringer@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence*
	1 Karma Play Nine 10,000	2 Online Brain Games Phase 10 Late Summer Walk Axe Throwing	3 10am – 12pm Recreation Relay 1pm – 3pm Story Chain	4 Karma Quiddler Late Summer Walk Wizard	
7 Labor Day – BIS Closed	8 Scattergories Quiddler Five Crowns	9 Telestrations Yahtzee Phase 10	10 10am – 12pm Community Resource Challenge 1pm – 3pm Armchair Travel to Brazil	11 Swimming (Optional) Bean Bag Toss Bingo Your Choice!	
14 Reading Exercises Bingo! Scattergories	15 Reading Exercises Bingo Wizard	16 Education: Humor Art Therapy Wizard	17 10am – 12pm 3 Things 1pm – 3pm Tower Building Competition	18 BIS/MOD BBQ (Offsite) 11:00am-2:00pm Sunnidale Park	
21 Karma Craft-Glitter Magnets You Be the Judge	22 Arts & Crafts: Painting Quiddler Phase 10	23 Diner's Club: DIY Pizza Flip 7 10,000 Dice	24 10am – 12pm Junk Drawer Detective 1pm – 3pm Sun Print Art	25 Diner's Club: DIY Pizza Flip 7 10,000 Dice	
28 Baking Cookies Spotlight Series Flip 7	29 Skip Bo Flip 7 Art Therapy	30 Quiddler Shuffleboard Bean Bag Toss			

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Highlights for this month!

- Sept 02** **Axe Throwing** – Let’s have some fun today testing our accuracy-Don’t worry, the axes are not sharp! This activity is a great way to exercise your spatial awareness as you have to judge your distance, align your body with the target, and control your range of motion.
- Sept 07** **BIS CLOSED FOR LABOUR DAY**
- Sept 08/14** **Scattergories** – This is a really fun game in which players write down unique answers for 12 categories on a list, with all answers starting with a random letter. Playing this is a great way to practice word-finding.
- Sept 9** **Telestrations** – This fun game combines the classic games of “Telephone” with Pictionary. Players sketch a secret word and then pass their booklets to guess what the previous player drew, leading to funny miscommunications when the book finally returns to it’s original owner.
- Sept 11** **Swimming (Optional)** – Swimming will be available for those interested. We will take a taxi from the BIS program site at 9:30am and you will have the choice to swim or do Aquafit from 10:00am-11:00am. Price is \$5.65, or \$4.80 for seniors 60+. *For those who do not wish to swim, meet at us at BIS at the usual time for a fun morning of games.*
- Sept 14/15** **Reading Exercises** – These exercises can help improve your speech, reading skills, and your ability to remember what you’ve read.
- Sept 16** **Education: Humor** – Humor is known to be, not only helpful, but healthful in our daily lives. We will complete an exercise that will illustrate how humor can improve our sense of well-being.
- Sept 18** **BIS/MOD BBQ(Offsite)** - Brain Injury Services & March of Dimes will be hosting a BBQ at Sunnydale Park located at 265 Sunnidale Rd, Barrie, ON L4M3B9. BBQ starts at 11:00am and goes till 2:00pm. Please bring a chair and you are welcome to invite family.
- Sept 21** **Craft: Glitter Magnets** – Exercise you fine motor skills this morning by creating fun and colourful fridge magnets!
- Sept 23/25** **Diners’ Club** – DIY Pizza! Today you can create you own pizza with toppings of your choice!
- Sept 28** **Spotlight Series** – This is a chance for YOU to share something that is meaningful to you with the group.