

July 2026 – Orillia Adult Day Services

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MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	Orillia program runs From 9:00 am – 4:00 pm every Monday St Paul's Centre 62 Peter St N, Orillia You must be eligible for services & a registered client to participate Staff Contact Info: Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca Mat MacLaren-Coombe 705 – 734 – 2178 ext. 236 mmaclarencoombe@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca
		1	2	3	
6 Couchiching Beach Park – Terry Fox Circle 10:00am-2:00pm	7	8	9	10	
13 Karma Mexican Train Play Nine	14	15	16	17	
20 Diner's Club! – Make your own Sub & Fruit Platter	21	22	23	24	
27 Education: Finding Focus Watercolour Pencil Art Karma	28	29	30	31	

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Program Descriptions:	
July 6	Come join us for a day at the waterfront at Couchiching Beach Park (Pavilion in the Terry Fox Circle). Address is 140 Canice St. We'll play games and enjoy being outdoors – don't forget your lunch! 10:00am-2:00pm
July 20	Diner's Club! Today we'll be making our own subs, so think of what you like!
July 27	Today we will be trying Watercolor pencil art , so come get creative with us! We'll also be doing an educational workshop that discusses "finding focus" – how disconnecting can help us to connect!