

July 2026 – Midland Adult Day Services

8See back for all program details including time & location.

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 Midland program runs Tuesdays and Thursdays 9:30 - 3:30 Midland Royal Canadian Legion Branch 80 196 Queen St. Midland ON L4R 0C8 You must be eligible for services and a registered client to participate. Staff Contact Info: Mat 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca Jeremy 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca Jordan 705 – 734 – 2178 ext. 233 jcameron@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca
		1 Canada Day 	2 Five Crowns Who Am I? Flip 7	3	
6	7 30 Dice Game Wizard <i>Block Walk to Dockside Sweets & Treats @ 1pm</i>	8	9 Monopoly Deal Play Nine Same Brain	10	
13	14 Armchair Travel to France Hitster Phase 10	15	16 Games on the Patio Quiddler Chair Stretches	17	
20	21 Planter Pot Painting Sequence Skip-Bo	22	23 Your Choice Games <i>Block Walk to Tim Hortons @ 10:30 am</i>	24	
27	28 Blank Slate Word Game Jok-R-ummy Karma	29	30 <i>Little Lake Park BBQ (9:30 am – 3:00 pm)</i>	31	

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Program Descriptions:	
Tuesday 7 th	* This afternoon, at 1:00 pm , we will get our bodies moving with a walk to Dockside Sweets & Treats (177 King St.) – ice cream will be on us!
Tuesday 16 th	Gear up for the sunshine (hat, sunscreen, cool clothes) as we will spend the morning enjoying the summer weather playing games on the back patio of the Legion!
Thursday 23 rd	Meet us at the Legion as usual, for a few games. After this, we will get moving and walk over to Tim Hortons (475 Bay Street) at 10:30 am to grab a beverage and/or a snack!
Thursday 30 th	*Today we will be spending the day at Little Lake Park! (606 Little Lake Park Rd.) We will gather at the park at 9:30 AM . Please arrange your transportation to pick you up at the park for 3:00 pm . No need to bring a lunch today – we will have a BBQ in the park!

***Please note that all outdoor activities are *weather permitting*. We will contact you the day of if anything changes.**