

July 2026 – Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	TH	FRI	
<i>Join us for some summer fun!</i> 		1 BIS Closed Canada Day 	2 Walk Drop-in Games	3 Your Choice Game! Library Program Planning Ladder Ball	Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday. You must be eligible for services & a registered client to participate Staff Contact Info: Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca Jordan (Mon/Fri) 705-734-2178 ext. 233 jcameron@braininjuryservices.ca Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca Angie (Tues/Fri) 705-734-2178 ext. 242 aspringer@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence*
6 Program Planning Baked Muffins Quiddler Connect 4 Tournament	7 Education: Finding Focus Watercolour Pencils Same Brain Shuffleboard	8 Arts & Crafts - Painting Same Brain Walk	9 Pool Golf Arts & Crafts Play Nine	10 Shuffleboard Walk Five Crowns	
13 Just One Game Shuffleboard Phase 10	14 Diner's Club – Tacos Memory Tray Bingo	15 Play Nine Karma Quiddler	16 Connect 4 Arts & Crafts - Painting	17 Hitster Music Game Wizard Flip 7	
20 Diner's Club - Tacos Memory Tray Bingo! Axe-Throwing	21 Baking: Strawberry Shortcakes What Am I? Bean Bag Toss	22 Reading Exercises Karma Walk (Optional)	23 Walk Drop-In Games	24 Walk Shuffleboard Quiddler	
27 Online Brain Games Wizard Walk Scattergories	28 Joker Rummy Movie Theatre Outing: <i>The Odyssey 2pm-5pm</i>	29 Outing: One Eyed Jack Lunch 10,000 Dice Play Nine	30 Sequence Pool Golf	31 Yahtzee Joker Rummy Walk	

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Highlights for this month!

- July 1** Closed for Canada Day
- July 3/6** Program Planning - As a group we will plan the activities you want to see on the calendar for the month of August.
Library Trip - Optional for anyone interested in getting a book or movie. We will take a taxi there and back to the program
- July 6** Connect 4 - Do you remember playing this fun game when you were a kid? We have a giant version of this game, so come out to try your luck competing with your peers! Also, we will be baking muffins in the morning!
- July 7** Finding Focus - Join our discussion today on Finding Focus as we learn about the “brain switching tax”, how it affects our focus, and the importance of disconnecting to find meaningful connections.
- July 13** Just One - In this fun game, players work together to get the highest score by guessing mystery words. Players give one-word clues, but all identical clues are cancelled, forcing unique, creative thinking.
- July 14/20** Diner’s Club – As a team we will divide and conquer. Half of us will walk to the grocery store to purchase ingredients while the other group, we’ll start the prep work as we will be making Tacos. Followed up by a memory game and Bingo in the afternoon!
- July 21** Strawberry Shortcakes - As a group, we will be walking over to the grocery store to get ingredients to bake this sweet treat!.
- July 22** Reading Skills Exercises – These exercises can help improve your speech, reading skills, and your ability to remember what you have read.
- July 28** Movie Theatre Outing – As a group, we will take a taxi to Barrie Movie Theatre to watch the movie The Odessey. Movie runs from 2:00pm-5:00pm, **Everyone will be required to bring their own funds.**
- July 29** Lunch Outing: One Eyed Jack – Have you ever been to this restaurant for lunch? As a group we will either walk or take taxi to One Eyed Jack for lunch located at 165 Wellington St W Unit 10, Barrie, ON L4N 1L1. **Everyone will require to bring their own money if interested.** For any money concerns, please speak to staff.