

# June 2026 – Barrie Adult Day Services

**See back for all program details including time & location.**

MON	TUE	WED	TH	FRI	
1 Cognitive Exercises Wizard 10,000 Dice	2 Unmasking Brain Injury Karma Jumbo Connect 4 Reading Exercise	3 Unmasking Brain Injury Karma Jumbo Connect 4	4 Play Nine One Eyed Jack (Optional)	5 Swimming (optional) Karma 10,000	<p style="text-align: center;"><b>Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday.</b></p> <p style="text-align: center;"><b>You must be eligible for services &amp; a registered client to participate</b></p> <p style="text-align: center;"><b>Staff Contact Info:</b></p> <p><b>Jeremy</b> (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 <a href="mailto:jvos@braininjuryservices.ca">jvos@braininjuryservices.ca</a></p> <p><b>Jordan</b> (Mon/Fri) 705-734-2178 ext. 233 <a href="mailto:jcameron@braininjuryservices.ca">jcameron@braininjuryservices.ca</a></p> <p><b>Mat</b> (Tues/Wed/Thurs/Fri) 705-734-2178 ext. 236 <a href="mailto:mmaclarencoombe@braininjuryservices.ca">mmaclarencoombe@braininjuryservices.ca</a></p> <p><b>Angie</b> (Tues/Thurs/Fri) 705-734-2178 ext. 242 <a href="mailto:aspringer@braininjuryservices.ca">aspringer@braininjuryservices.ca</a></p> <p style="text-align: center;"><b>*Please contact BIS staff for any questions or to report an absence*</b></p>
8 Reading Skills Exercise Five Crowns Axe Throwing	9 Flip 7 <b>OBIA Flag Raising Ceremony in Downtown Barrie 1:00pm-2:30pm (Optional)</b>	10 Karma Quiddler Play Nine <b>*Orillia Picnic if interested*</b>	11 Shuffleboard Karma Walk	12 Bingo Wizard 10,000 Dice Diner’s Club – Stir Fry	
15 Diner’s Club - Stir Fry Spring Walk Quiddler	16 Art Therapy – Clay Sculpting Pictionary Bean Bag Toss	17 Arts & Crafts – Painting Play Nine Wizard <b>*Survivor Conference*</b>	18 Who Am I Axe Throwing	19 Spring Walk Craft @ Barrie Library (optional) \$5-\$10 Quiddler	
22 Headbands Game Scattergories Bean Bag Toss	23 Art Therapy – Clay Painting Just One 30 Dice	24 Five Crowns 10,000 Reading Exercises	25 Sequence Pool Golf	26 Sequence Movie on Site Wizard	
29 Online Brain Games Education: The Benefits of Humour Your Choice!	30 Baking: Apple Crisp Five Crowns Education: The Benefits of Humour				

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## Highlights for this month!

- June 1** Cognitive Skills Exercises - Join us for some fun exercises involving thought processing and word retrieval.
- June 2/3** Unmasking Brain Injury – As June is Brain Injury Awareness Month, participants will have the opportunity to take part in making a mask that reflects their experiences living with a brain injury.
- June 2/8** Reading Skills Exercises - These exercises can help improve your speech, reading skills, and your ability to remember what you have read .
- June 4** The morning will be a day of games including Golf Pool. Come out to learn a new game! For those interested, Staff will be walking to restaurant One Eyed Jack for lunch. As a group we will walk over at 1:00pm. Please bring your own money if interested.
- June 5** **Swimming (Optional)** – Swimming will be available for those interested. We will take a taxi from the BIS program site at 9:30am and you will have the choice to swim or do Aquafit from 10:00am-11:00am. Price is \$5.65, or \$4.80 for seniors 60+. For those who do not wish to swim, meet at us at BIS at the usual time for a fun morning of games.
- June 9** **OBIA Flag Raising Ceremony** - In honor of June being Brain Injury Awareness Month, we will be attending the OBIA (Ontario Brain Injury Association) flag raising ceremony in downtown Barrie. As a group we will take a taxi to the event and back to BIS afterwards. Please wear green & blue to show support.
- June 10** March of Dimes and Brain Injury Services are teaming up for an Orillia BBQ at the waterfront park. The BBQ will go from 11:00am-2:00pm located at 140 Canice St. Come enjoy lunch and games with friends and family. See staff to sign up.
- June 12/15** Diner’s Club – As a group, we will be making Stir Fry today! We will first find out what ingredients we want then some can help with the shopping. So come out to enjoy some great food you helped create!
- June 16** Today we’ll participate in Clay Meditation a creative art therapy activity to help you find your calm.
- June 17** Let’s get creative with a Spring Painting to start our morning. The afternoon will be filled with everyone favorite games
- June 17** 23<sup>rd</sup> Annual Brain Injury Survivor Conference will go from 9:00am-3:00pm. The focus on this conference is “**Supporting Recovery Through Technology**”. **Cost is \$25.00 per person** and includes lunch. See staff for register.