

April 2026 – Orillia Adult Day Services

SEE BACK FOR ALL PROGRAM DETAILS

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	
		1	2	3	<p>Orillia program runs From 9:00 am – 4:00 pm every Monday and Thursday</p> <p>St Paul's Centre 62 Peter St N, Orillia</p> <p>You must be eligible for services & a registered client to participate</p> <p>Staff Contact Info: Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca</p> <p>Mat MacLaren-Coombe 705 – 734 – 2178 ext. 236 mmaclarencoombe@braininjuryservices.ca</p> <p>*Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca</p>
6 PROGRAM CLOSED Happy Easter	7	8	9	10	
13 Program Planning Guided Art Therapy Painting Education: Canadian Dental Care Plan Love Your Brain	14	15	16	17	
20 Diner's Club! (Grilled Cheese Sandwiches) Walking Workout Love Your Brain	21	22	23	24	
27 Bingo Walk to Mariposa/Waterfront Apples to Apples Love Your Brain	28	29	30		

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April 6	Closed for Easter Monday
April 13	<p>Today we will be starting a six-week Love Your Brain Mindset Program – Imagine being able to tap into your superpower: your mindset. In this program, you'll receive tools for mental flexibility, physical strength, positive thinking, and more.</p> <p>We'll also share some information about a helpful resource that may be available to you: The Canadian Dental Care Plan.</p>
April 20	<p>No need to bring a lunch – today we'll be making Grilled Cheese Sandwiches for Diner's Club! We'll focus on food prep, kitchen safety, and we'll learn about the origin of this simple yet classic meal!</p>
April 27	<p>Bring your luck this morning for Bingo! Dress in comfortable clothing and footwear for our Walk to Mariposa (weather permitting) in the afternoon. Please bring money if you would like to purchase any refreshments.</p>