

March 2026 – Midland Adult Day Services

See back for all program details including time & location.

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	
2	3 Monopoly Deal 10,000 Dice Play Nine	4	5 Quiddler Five Crowns Karma	6	 <p style="color: red; text-align: center;">Midland program runs Tuesdays and Thursdays 9:30 - 3:30</p> <p style="color: purple; text-align: center;">Midland Royal Canadian Legion Branch 80 196 Queen St. Midland ON L4R 0C8</p> <p style="color: purple; text-align: center;">You must be eligible for services and a registered client to participate.</p> <p style="color: green; text-align: center;">Staff Contact Info:</p> <p style="color: blue;">Jordan 705 – 734 – 2178 ext. 233 jcameron@braininjuryservices.ca</p> <p style="color: blue;">Jeremy 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca</p> <p style="color: purple; text-align: center;">*Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca</p>
9	10 Painting Card Holders Income Tax Information Uno	11	12 BOWLING at Bayshore Lanes (10:00 am) Double Happiness Chinese Restaurant (12:15 pm)	13	
16	17 Wizard Armchair Travel to Ireland Memory Strategies	18	19 Word Association Skip-Bo! Chair Stretches	20	
23	24 Sequence The 5 Areas of Self-Care Pass the Ace	25	26 NO PROGRAM DUE TO STAFF TRAINING	27	
30	31 Blank Slate Word Game 911 Preparedness Chromino	31			

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Program Descriptions:	
Tues 10th	<p>Paint/design your own card holder! We have created name tags to be placed on them so that we can better get to know each other!</p> <p>It's that time of year again...tax time! Join us for this informative session on the importance on filing your Income Taxes. We'll explore some common tax benefits, how to file etc.</p>
Thurs. 12th	<p>*Please note we will not be at the Legion this day. (Thursday 12th)</p> <p>Please arrange for your transportation to drop you off at Bayshore Lanes (205 King St.) at 10:00 AM for a morning of Bowling.</p> <p>Following this we will make our way next door to Double Happiness Chinese Restaurant (233 King St.) for 12:15 pm for lunch and a few games.</p> <p>**Please have your transportation <u>pick you up from Double Happiness at 3:00 pm</u>. Hope to see you there!</p>
Tues. 17th	<p>Celebrate St. Patrick's Day with a trip to Ireland! Trivia, fun facts, videos etc. ! We'll also learn about some helpful strategies to improve memory.</p>
Thurs. 19th	<p>Test out your word finding skills with this new word/letter connection game!</p>
Tues. 24th	<p>Today we will be learning about The 5 Areas of Self-Care and how self-care can positively impact your health!</p>
Tues. 31st	<p>Work you brain with this fill in the blank word game. We'll also explore how to be better prepared in case of an emergency in our 911 Preparedness education session.</p>