

March 2026 – Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	TH	FRI	
2 Reading Skills Exercise Quiddler 10,000 Dice	3 Education: Income Tax Scattergories 10,000 Dice Hitster Music Game	4 Education: 911 Info Skip-Bo Your Choice!	5	6 Quiddler Movie & Popcorn Wizard	<p style="text-align: center; color: red;">Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday.</p> <p style="text-align: center;">You must be eligible for services & a registered client to participate</p> <p style="text-align: center; color: green;">Staff Contact Info:</p> <p>Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca</p> <p>Jordan (Mon/Fri) 705-734-2178 ext. 233 jcameron@braininjuryservices.ca</p> <p>Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca</p> <p>Angie (Tues/Fri) 705-734-2178 ext. 242 aspringer@braininjuryservices.ca</p> <p style="color: purple; text-align: center;">*Please contact BIS staff for any questions or to report an absence*</p>
9 Online Brain Games Phase 10 Hitster Music Game	10 Education: 911 Info Karma April Program Planning	11 Arts & Crafts - <i>St Patrick's Day</i> Education: Income Tax Wizard	12	13 Karma Joker Rummy Apples to Apples	
16 Education: Income Tax Bingo! Diner's Club - Burgers	17 Reading Skills Exercise Lucky Bingo Irish Soda Bread Trivia	18 Karma Wizard Quiddler	19	20 10,000 Dice Karma What Am I? Game	
23 Education: 911 Info Five Crowns 10, 000 Dice	24 Diner's Club - Burgers Bird Seed Ornaments Education: Memory Strategies	25 Education: Memory Strategies 10,000 April Program Schedule	26	27 Off Site - Bowling 	
30 Education: <i>The Five Areas of Self-Care</i> Wizard Your Choice of Game	31 Education: <i>The Five Areas of Self-Care</i> Same Brain Pictionary				

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Highlights for this month!

- Mar. 02/17** **Reading Skills Exercise** - This exercise can help improve your speech, reading skills, and your ability to remember what you have read.
- Mar. 06** **Movie & Popcorn** – Today we will take a break from our daily learning to relax and an enjoy a movie with popcorn!
- Mar. 03/16** **Income Tax Info** – It’s tax time so come out to learn the resources available to help you with your income tax return
- Mar. 04/10** **911 Info** – Tips for how to use 911 effectively in an emergency.
- Mar. 11** **Arts and Crafts** – Today, we will be creating another Arts & Crafts masterpiece. We will be focusing on a St. Patrick’s Day theme, followed by our favorite games. So come out to use your creativity and and practice your fine motor skills!
- Mar. 17** **Bingo** - Join us today for a fun St. Patrick day version of Bingo and enjoy some Irish Soda Bread
- Mar. 16/24** **Diners’ Club: Burgers!** – No need to bring a lunch today as we will be making burgers with potato wedges.
- Mar. 24** **Bird Seed Ornaments** – Come out to make this cool decoration craft that you can use at home to make you very popular with birds in your area
- Mar 27** **Bowling at Bowlerama (Bayfield Mall)** – Today, the group will be meeting at the bowling alley at Bayfield Mall (320 Bayfield St.) at 10:00 am. ***We will be spending the whole day there***, so look forward to a morning of bowling and a fun afternoon of games. Please remember to bring a lunch (No microwave available) or you can also purchase food at the snack bar. ***Cost for bowling is \$15.00. Please arrange to be picked up from the bowling alley at 3:30 pm (Rear entrance of Bayfield Mall)***
- Mar. 30/31** **The Five Areas of Self-Care** – Today we will be learning about how self-care can positively impact your health!