

## February 2026 – Barrie Adult Day Services

**See back for all program details including time & location.**

MON	TUE	WED	TH	FRI	<p><b>Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday.</b></p> <p><b>You must be eligible for services &amp; a registered client to participate</b></p> <p><b>Staff Contact Info:</b></p> <p><b>Jeremy</b> (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 <a href="mailto:jvos@braininjuryservices.ca">jvos@braininjuryservices.ca</a></p> <p><b>Jordan</b> (Mon/Fri) 705-734-2178 ext. 233 <a href="mailto:jcameron@braininjuryservices.ca">jcameron@braininjuryservices.ca</a></p> <p><b>Mat</b> (Tues/Wed/Fri) 705-734-2178 ext. 236 <a href="mailto:mmaclarencoombe@braininjuryservices.ca">mmaclarencoombe@braininjuryservices.ca</a></p> <p><b>Angie</b> (Tues/Fri) 705-734-2178 ext. 242 <a href="mailto:aspringer@braininjuryservices.ca">aspringer@braininjuryservices.ca</a></p> <p><b>*Please contact BIS staff for any questions or to report an absence*</b></p>
2 Karma Monopoly Deal Scattergories	3 What Am I? Karma Phase 10 Program Planning for March	4 What am I? Karma Phase 10	5	6 Scattergories Joker Rummy Wizard	
9 Reading Skills Exercise Quiddler Wizard Your Choice!	10 Chocolate Covered Strawberries Reading Skills Exercises Joker Rummy	11 Crafts – <i>Valentines Day Painting</i> Program Planning for March	12	13 Craft: <i>Valentines Day Painting</i> Diner's Club: <i>Pancakes, Sausages and Fruit</i>	
16  <b>Family Day – Closed</b>	17 Memory Tray Game Play Nine Karma	18 10,000 Name and Claim Game Wizard Karma	19	20 Wizard Phase 10 Play Nine	
23 Memory Tray Game Phase 10 Your Choice!	24 Wizard Apples to Apples Name and Claim Game	25 Diner's Club: <i>Pancakes, Sausages and Fruit</i> Five Crowns Play Nine	26	27 Your Choice Game Swimming (Optional) Imaginiff Game	

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## Highlights for this month!

- Feb 3/4**      **What am I?** - Today we will learn a new memory and strategy game called What Am I. Phase 10 and everyone's favourite Karma will follow in the afternoon.
- Feb 3/11**      **Program Planning for March** – Today we will plan our activities for March. This is your opportunity to plan activities that you like and/or will help you in your recovery
- Feb 9/10**      **Reading Skills Exercises** – These exercises can help improve your speech, reading skills, and your ability to remember what you have read.
- Feb 10**      **Chocolate Covered Strawberries** – Join us this morning to make a tasty Valentines treat – chocolate covered strawberries!
- Feb 11/13**      Today you can work on your fine motor skills and engage your creativity by creating a **Valentines-themed painting**.
- Feb 16**      **Closed for Family Day**
- Feb 18/24**      **Name and Claim** – This is a name game where we focus on learning each other's names and tricks to remember names going forward in a fun way
- Feb 17/23**      **Memory Tray Game** – This fun and challenging activity will give your memory a workout!
- Feb 13/25**      **Diners Club** - Come hungry as we will be making pancakes, sausages and serving them with fruit.
- Feb 27**      **Swimming (Optional)** – Swimming will be available for those interested. We will take a taxi from the BIS program site at 9:30am and you will have the choice to swim or do Aquafit from **10:00am-11:00am. Price is \$5.65, or \$4.80 for seniors 60+.** *For those who do not wish to swim, meet at us at BIS at the usual time for a fun morning of games.*
- Imaginiff** – Imagine if one of your peers were a cartoon character-who would they be? This hilarious **game** challenges players to imagine what their opponents are most like.