

January 2026 – Orillia Adult Day Services

SEE BACK FOR ALL PROGRAM DETAILS

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	
			1 Closed for New Year's Day	2	<p>Orillia program runs From 10:30am - 3:30pm every Monday and Thursday</p> <p>St Paul's Centre 62 Peter St N, Orillia</p> <p>You must be eligible for services & a registered client to participate</p> <p>Staff Contact Info:</p> <p>Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca</p> <p>Mat MacLaren-Coombe 705 – 734 – 2178 ext. 236 mmaclarencoombe@braininjuryservices.ca</p> <p>*Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca</p>
5 BINGO! & Walk to Mariposa 	6	7	8 Mexican Train Karma Play Nine	9	
12 Orillia Rec Centre  255 West Street South	13	14	15 Education: Falls Prevention Joker Rummy Wizard	16	
19 Diner's Club!  Home Made Soup	20	21	22 Hot Cocoa Winter Painting Five Crowns	23	
26 Spotlight Series: Heather's Quilting Creations!	27	28	29 Mexican Train Joker Rummy Phase 10	30	

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Program Descriptions:	
January 1	Closed for New Year's Day
January 5	Bring your luck this morning for BINGO! Dress in comfortable clothing and footwear for our WALK TO MARIPOSA (weather permitting) in the afternoon. Please bring money if you would like to purchase any refreshments.
January 12	Join us for a day spent at the Orillia Recreation Centre. Located at 255 West Street South. Please arrange your transportation to drop you off and pick you up at this location. We'll get to choose from their many activities. PLEASE BRING A BATHING SUIT & TOWEL IF YOU WISH TO USE THE POOL. Don't forget a lunch! COST \$7.00
January 15	As well as having fun we will also learn about the importance of fall prevention and the steps we can take to limit the chances.
January 19	Diner's Club – No need to bring a lunch, we will be making a home-made soup
January 22	Today we will complete a painting exercise while enjoying some hot cocoa
January 26	Join us for our "Spotlight Series" today! This is a chance for YOU to share something that is meaningful to you with the group. It could be an item, a hobby, sharing a personal story, or teaching a new skill to the group! Today will be brought to you by Heather – she'll be sharing with us her beautiful quilting creations!