

January 2026 – Midland Adult Day Program

See back for all program details including time & location.

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 <p>Midland program runs Tuesdays and Thursdays 9:30 - 3:30</p> <p>Midland Royal Canadian Legion Branch 80 196 Queen St. Midland ON L4R 0C8</p> <p>You must be eligible for services and a registered client to participate.</p> <p>Staff Contact Info: Jordan 705 – 734 – 2178 ext. 233 jcameron@braininjuryservices.ca</p> <p>Jeremy 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca</p> <p>*Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca</p>
			1 New Year's Day *NO PROGRAM*	2	
5	6 Quiddler Karma Chair Exercise	7	8 Jok-R-Uummy Leisure Interest Activity Pass the Ace	9	
12	13 Five Crowns Chair Exercise Scattergories	14	15 Wizard One Word Resolutions Skip-Bo	16	
19	20 Rebus Puzzles Imaginiff Play Nine	21	22 Uno Your Choice Games Hitster	23	
26	27 Phase 10 Chair Exercise 10,000 Dice	28	29 Sequence Name 5 Armchair Travel to Australia	30	

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Program Descriptions:	
Jan 8 th (Thursday)	Our Leisure Interest activity will help you identify activities that are meaningful to you, help to increase self-awareness and engagement, identify goals, and shape our programming!
Jan 15 th (Thursday)	Not your typical New Year's Resolutions! This brief activity will help you identify and describe goals, intentions, and aspirations as we look toward the new year.
Jan 29 th (Thursday)	Beat the winter by dreaming up a trip to Australia! Enjoy travel videos, Australian trivia, treats, and more!