

## BRAIN INJURY SERVICES December 2025 – Collingwood Adult Day Services



SEE BACK FOR PROGRAM DETAILS						
MON	TUE	WEDNESDAY	THU	FRI		
1	2	3 Education: Managing Holiday Stress Reading Exercises Name 5	4	5	Collingwood program runs 9:00am – 4:00pm every Wednesday  First Presbyterian Church 200 Maple St. Collingwood	
8	9	Spotlight Series: Wayne's Famous Cookies!  Jok-R-Ummy  Taboo	11	12 BIS/MOD Holiday Luncheon		
15	16	17 Gingerbread House Contest Holiday Haikus Your Choice Games	18	19	You must be eligible for services and a registered client to participate	
22	23	24 Holiday Party and Lunch! 9am to 2pm	25 Merry Christmas!	26	Staff Contact Info:  Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca	
29	30	NO PROGRAM TODAY	1 Happy New Year!		Jordan Cameron 705 – 734 – 2178 ext. 233 icameron@braininjuryservices.ca *Please contact BIS staff for any	



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<b>Program Descriptions:</b>		
December 3	The Holidays bring many joys but can also be a busy and stressful season. Join us as we discuss tips on managing stress during the Holidays to help you not only survive but thrive during this season!	
December 10	Join us today for our next <b>Spotlight Series</b> ! Today we will be highlighting Wayne as he shares with us how to make his famous chocolate chip cookies!	
December 17	Join us for a <b>Gingerbread House making contest</b> ! You'll work as a team to plan, build, decorate and present a gingerbread house with the provided supplies. This fun activity will get your creativity flowing, foster teamwork, and work skills such as fine motors, planning and problem solving – and you might just win a prize!	
December 24	Join us today for our Holiday Party! It will be a festive day of treats, crafts, music and trivia! A delicious lunch will be provided.  PLEASE NOTE: Our program will end at 2pm today – please arrange to have your transportation pick	
December 31	you up at this time. Happy Holidays!  New Year's Eve – NO PROGRAM TODAY – See you in the New Year!	