

December 2025– Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	TH	FRI	
1 Holiday Card Making Five Crowns Low-Impact Exercise Karma	2 Education: Managing Holiday Stress Five Crowns 10,000	3 Online Brain Games Goal Setting/Review Five Crowns 10,000	4	5 Optional: Georgian Mall Trip 10 am-3 pm BIS Program Site: Hitster Music Game Your Choice!	<p>Barrie program runs From 9:00 - 4:00 pm every Monday, Tuesday, Wednesday, and Friday.</p> <p>You must be eligible for services & a registered client to participate</p> <p>Staff Contact Info:</p> <p>Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca</p> <p>Jordan (Mon/Fri) 705-734-2178 ext. 233 ljchadderton@braininjuryservices.ca</p> <p>Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca</p> <p>Angie (Tues/Fri) 705-734-2178 ext. 242 aspringer@braininjuryservices.ca</p> <p>*Please contact BIS staff for any questions or to report an absence*</p>
8 Education: Managing Holiday Stress Phase 10 Your Choice!	9 Gingerbread House Contest Play Nine Wizard	10 Arts & Crafts – <i>Christmas Painting</i> Play Nine Wizard	11	12 Optional: BIS/MOD Holiday Luncheon 11:30am-2:30pm BIS Program Site: Wizard Dice Games	
15 Stretch and Relax Guided Meditation Karma Hitster Music Game	16 Online Brain Games Phase 10 Karma	17 Diners' Club <i>Christmas Edition</i> Quiddler Phase 10	18	19 Quiddler Diner's Club <i>Christmas Edition</i> Play Nine	
22 Reading Skills Exercise Quiddler Christmas Movie	23 Cookie Decorating Christmas Trivia Christmas Movie Wizard	24 Christmas Trivia Games of your Choice! Closed at 2:00pm	25 Merry Christmas	26 Closed for Holidays	
29 Closed for Holidays	30 Closed for Holidays	31 Closed for Holidays			

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Highlights for this month!

- Dec 1** **Holiday Card Making** – Today you can have fun while you exercise your fine motor skills and creating unique holiday cards.
- Dec 2/8** **Managing Holiday Stress** - The Holiday season brings many joys but can also be a busy and stressful time. Join us as we explore tips on how to manage holiday stress so we can not only survive but thrive during this season!
- Dec 5** **Georgian Mall Walk and Shop** (Optional) Today for anyone interested, we will be taking taxis to Georgian Mall to spend the morning shopping and checking out the festive offerings there. Participants will need to bring a lunch (or funds for lunch) as the group will have lunch at the food court. We will depart BIS at 10:00am and return around 3:00pm.
- December 9** Work your creativity, teamwork and planning skills with a Gingerbread House contest! You might even win a prize!
- December 12** Our annual Christmas Holiday Lunch In with March of Dimes will be taking place from 11:30-2:30pm located at 464 Ferndale Dr. North, Northwest Barrie United Church. Price is \$10.00, includes a full Christmas Lunch, tickets must be purchased. If not interested, Brain Injury Services will still be open for games of your choice.
- December 17/19** Diner's Club – Christmas Edition, Don't need to bring a lunch as well be preparing a Christmas edition of Diner's Club so come hungry.
- December 23** Celebrate the holidays with us today with crafts, treats, and a Christmas movie!
- December 24** We will be open only till 2:00pm due to Christmas Eve, but feel free to come participate in games of your choice before the holidays.
- December 26-January 1** Closed for Holidays