


November 2025– Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	TH	FRI	<p>Barrie program runs From 9:00 -4:00 pm every Monday, Tuesday, Wednesday, and Friday.</p> <p>You must be eligible for services & a registered client to participate</p> <p>Staff Contact Info:</p> <p>Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca</p> <p>Jordan (Mon/Fri) 705-734-2178 ext. 233 jcameron@braininjuryservices.ca</p> <p>Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca</p> <p>Angie (Tues/Fri) 705-734-2178 ext. 242 aspringer@braininjuryservices.ca</p> <p>*Please contact BIS staff for any questions or to report an absence*</p>
3 Stretch and relax Reading Skills Exercises Hitster Game	4 Taboo Wizard Play Nine	5 Online Brain Games Quiddler Five Crowns	6	7 Swimming (Optional) 10,000 Wizard	
10 Arts & Crafts – Painting Remembrance Day Recognition Funglish	11 Remembrance Day Watercolour Poppies Quiddler Just One 	12 Arts & Crafts – Painting Remembrance Day Wizard Karma	13	14 Wizard Scattergories Library 12:30-2:30pm (Optional)	
17 Online Brain Games Program Planning Stretch and Relax Wizard	18 Creative Storytelling Education: Leisure Program Planning Wizard	19 Phase 10 Karma Goal Setting and Review Your Choice!	20	21 Swimming (Optional) Hitster Scattergories	
24 Diner's Club: Burgers and Fries Think and Sync Game Play Nine	25 Diner's Club: Burgers and Fries Funglish 10,000	26 Guided Meditation 10,000 Dice Play Nine Stretch and Relax	27	28 Goal Setting and Review 10,000 Dice Wizard	

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Highlights for this month!

- Nov 03/21** **Hitster Game** - This is a fun music party game that tests your memory of when popular songs were released. Players arrange music cards in chronological order on a timeline to become the first to collect 10 cards.
- Nov 03** **Reading Skills Exercises** - These exercises can help improve your speech, reading skills, and your ability to remember what you have read.
- Nov 07/21** **Swimming** will be available for those interested, we will take a taxi at 9:30am and you will have the choice to swim or do Aquafit from 10:00am-11:00am. Price is \$5.65, or \$4.80 for seniors 60+. **For those who do not wish to swim, meet us at the BIS office at the usual time for some and engaging activities.**
- Nov 10/12** **Painting** – A group favourite and always lots of fun! Today you can work on your fine-motor skills by creating a Remembrance Day themed painting.
- Nov 11** **Remembrance Day Craft** – Today we will be creating watercolor Poppies, so come out to find out how to honour our veterans in a fun and creative way!
- Nov 14** **Barrie Library (Optional)** -This afternoon, Staff will be taking clients who show interest to the Barrie Library. We will go via taxi as a group and return as a group to the BIS office. **Those who do not wish to go to the library, will stay for activities at the BIS office**
- Nov 17/18** **Program Planning** - Today we will discuss leisure and skill-building activities for the Day Program that you enjoy and that will help you in your recovery
- Nov 19/28** **Goal Setting and Review** – Staff will help you review your goal(s) or help you set up a new goal!
- Nov 24** **Think and Sync Game** – In this game, team players try to say the exact same word based on a category. Join us to test your thinking ability, creativity, and ability to sync with your team partner.
- Nov 24/25** **Diners' Club** – No need to bring a lunch as we will be making Burgers and Fries- all you need is to bring is your appetite!