

October 2025 – Midland Adult Day Program

See back for all program details including time & location.

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 Midland program runs Tuesdays and Thursdays 9:30 - 3:30 Midland Royal Canadian Legion Branch 80 196 Queen St. Midland ON L4R 0C8 You must be eligible for services and a registered client to participate. Staff Contact Info: Jordan 705 – 734 – 2178 ext. 233 jcameron@braininjuryservices.ca Jeremy 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca
	Skip-Bo! Scattergories Play Nine	1	2 Quiddler Wizard Gentle Stretching	3	
6	7 Jok-R-Uummy Phase 10 Chair Yoga	8	9 Cornhole Karma Five Crowns	10	
13	14 Grounded Coffee (Offsite) Pass the Ace Chair Yoga	15	16 Play Nine Taboo Skip-Bo!	17	
20	21 Diner's Club: Take Out! Uno Quiddler	22	23 10, 000 Dice Phase 10 Chair Yoga	24	
27	28 Five Crowns Halloween Bingo Wizard	29	30 Word Puzzles Music Trivia Halloween Movie Matinee	31	

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Program Descriptions:	
October 14 th	Meet us at Grounded Coffee Company (538 Bay St.) for 9:30 AM for some coffee and baked goods! After this, BIS Staff will cab or walk you back to the Legion for an afternoon of card games. Please arrange transportation to drop you off at 538 Bay St. for 9:30 AM and pick you up from the Legion (198 Queen St.).
October 21 st	No need to bring a lunch today – we will decide together, and order take out to enjoy!
October 30 th	Celebrate spooky season with us! Join us in watching a Halloween movie of your choosing!