



October 2025– Barrie Adult Day Services

See back for all program details including time & location.

MON	TUE	WED	TH	FRI	<div>Barrie program runs From 9:00 -4:00 pm every Monday, Tuesday, Wednesday, and Friday.</div> <div>You must be eligible for services & a registered client to participate</div> <div>Staff Contact Info:</div> <div>Jeremy (Mon/Wed/Fri) 705 – 734 – 2178 ext. 243 jvos@braininjuryservices.ca</div> <div>Jordan (Mon/Fri) 705-734-2178 ext. 233 jcameron@braininjuryservices.ca</div> <div>Mat (Tues/Wed/Fri) 705-734-2178 ext. 236 mmaclarencoombe@braininjuryservices.ca</div> <div>Angie (Tues/Fri) 705-734-2178 ext. 242 aspringer@braininjuryservices.ca</div> <div>*Please contact BIS staff for any questions or to report an absence*</div>
		1 Hangman Wizard Stretch and Relax Your Choice!	2	3 Swimming Option Pictionary Karma	
6 Think and Sync Game Low -Impact Exercise Goal Setting/Review Wizard	7 Education: Values Exploration DIY Fall Potpourri Scattergories	8 Jok-R-Ummy Stretch and Relax 5 Crowns Your Choice!	9	10 Bingo Wizard Goal Setting/Review Scattergories	
13 Closed for Thanksgiving	14 Arts & Crafts: Fall Themed Painting Program Planning 10,000 Karma	15 Arts & Crafts: Fall Themed Painting Program Planning 5 Crowns Quiddler	16	17 Swimming Option Phase 10 Wizard	
20 Online Brain Games Guided Meditation Play Nine Scattergories	21 Diner’s Club: Sloppy Joes Let’s Get Moving Jok-R-Ummy	22 Diner’s Club: Sloppy Joes Hitster Game 10,000 Dice	23	24 Bowling at Bowlerama (Optional) Online Brain Games Stretch and Relax Play Nine	
27 Reading Skills Exercise Stretch and Relax Phase 10	28 Wizard 10,000 Dice Halloween Movie	29 Brain Games Halloween Games/ Treats Stretch and Relax Play Nine	30	31 Halloween Party Bingo. Treats, Prize for Best Costume!	
					



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Highlights for this month!

- Oct. 03/17** Swimming will be available for those interested, we will take a taxi at 9:30am and you will have the choice to swim or do Aquafit from 10:00am-11:00am. Price is \$5.65, or \$4.80 for seniors 60+. *For those who do not wish to swim, meet at us at BIS at the usual time.*
- Oct. 06** Think and Sync Game -in this game, team partners try to say the exact same word bases on a category. So join us to test your thinking ability, creativity, and ability to sync with your team partner
- Oct. 06/10** Goal Setting/Review – Staff will help review your goal(s) or help you set a new goal!
- Oct. 07** DIY Fall Potpourri – Get creative this morning with this fall-themed craft!
- Oct. 14/15** Fall-Themed Painting – This morning you can work on your fine motor and spatial skills to create a artistic fall painting
- Oct. 20** Guided Meditation – Learning to relax can be tough and a guided meditation is a great way to relax and recharge
- Oct. 13** Closed for Thanksgiving
- Oct. 21/22** Diner’s Club – No need to bring lunch as we will be cooking Sloppy Joe’s as a team. So, lets get messy and enjoy an awesome lunch!
- Oct. 24** Bowling at Bowlerama (Bayfield Mall) – Today, you have the option of meeting at the bowling alley at Bayfield Mall (320 Bayfield St.) at 10:00 am. *Bowlers will be spending the whole day there*, so look forward to a morning of bowling and a fun afternoon of games. Please remember to bring a lunch (No microwave available) or you can also purchase food at the snack bar. *Cost for bowling is \$15.00. Please arrange to be picked up from the bowling alley at 3:30 pm (Rear entrance of Bayfield Mall)*
- For those who do not wish to go bowling, meet us at BIS at the usual time*
- Oct. 31** Halloween Party – Come dressed in your Halloween costume as there will be a prize for best dressed. There will also be Bingo and some of your favourite card games.