


July 2025 – Community Programs

See back for all program details including time & location.					
MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 <p>TO REGISTER: Call or email Kathy Sulman ksulman@braininjuryservices.ca 705-734-2178 ext . 223 See back of calendar for program details.</p>
	1 BIS CLOSED. Happy Canada Day!	2 Collingwood Library Tour 10-12	3 Barrie Games in the Park 1PM – 4PM	4	
7 Collingwood Aquafit/Open Swim 9:35am-11:30am	8	9	10 Barrie Drop In 1PM – 4PM 21 Essa Rd, Unit #1	11	
14 Collingwood Aquafit/Open Swim 9:35am-11:30am	15	16	17 Barrie Johnsons Beach 1PM – 4PM	18	
21 RSVP deadline for Barrie Picnic in the Park	22	23	24 Barrie Drop In 1PM – 4PM 21 Essa Rd, Unit #1	25 Barrie Picnic in the Park 11am-1:30pm	
28 Virtual Peer Support ZOOM 10:30 – 11:30	29	30	31 Barrie Bowling 1PM – 4PM		

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Group Descriptions:	
Collingwood Library Tour 10:00am – 12:00pm	July 2nd - 55 Ste Marie St., Collingwood. Join us for a tour to learn about all about services available – so much more than books. Bring your ID and proof of address to sign up for a library card.
Barrie Drop – in 1:00pm – 4:00pm	July 10 & 24 - 21 Essa Rd. Unit #1 Barrie A welcoming space for participants to connect, share experiences, engage in therapeutic activities, and build a supportive community.
Barrie Games in the Park 1:00pm-4:00pm	July 3 – Southshore Community Centre 205 Lakeshore Dr. Rain location 21 Essa Rd. Unit #1 Bring a lawn chair, sunscreen & hat.
Collingwood Aquafit/Drop in Swim Aqua Fit- 9:35-10:25am Drop in- 10:30am-11:30am	July 7 & 14- Centennial Aquatic Centre- 451 Third St, Collingwood Enjoy the water, move your body, and connect with others. Please bring your own towel, swimsuit and own lock. Locks available upon request. Cost for 54 & under: \$5.25 Ages 55+: \$4.25
Barrie Johnsons Beach 1:00pm-4:00pm	July 17th Johnsons Beach – 2 Johnsons St. Barrie Rain location 21 Essa Rd. Unit #1 Bring a lawn chair, towel, sunscreen, hat. Whatever you need to enjoy an afternoon at the beach
Barrie Picnic in the Park 11:00am – 1:30pm	Friday July 25th (register by July 21st) – RAIN DATE August 8th 205 Lakeshore Dr. Barrie. See poster attached for details.
Virtual Peer Support ZOOM 10:30am – 11:30am	Monday, July 28th Meet with your peers to share your community information and helpful tips on living with a brain injury.
Barrie Bowling 1pm – 4pm	July 31st - Bowlerama, Barrie 320 Bayfield St. Barrie Join us for an afternoon of fun at Bowlerama! \$15 includes bowling and shoe rental! Please let me know if you need financial assistance to participate.