





June 2025 – Orillia Adult Day Services

SEE BACK FOR ALL PROGRAM DETAILS

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 <p>Orillia program runs From 9:00am – 4:00pm every Monday and Thursday</p> <p>St Paul's Centre 62 Peter St N, Orillia</p> <p>You must be eligible for services & a registered client to participate</p> <p>Staff Contact Info: Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca Mat MacLaren-Coombe 705 – 734 – 2178 ext. 236 mmaclarencoombe@braininjuryservices.ca *Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca </p>
2 Play Nine Tour of Orillia Library (Bring I.D & proof of Address)	3	4	5 Chair Yoga Mexican Train Skip Bo	6	
9 Tie-Dye Creations Axe Throwing Program Planning/Goals	10	11 Summer Picnic 11:00-2:00pm	12 Movement & Mindfulness Education: Food Safety Scattergories	13	
16 Orillia Rec Centre  255 West Street South	17	18	19 Chair Yoga Reading Exercise Wizard	20	
23 Diner's Club!  Canadian Breakfast	24	25	26 Karma 10,000 Follow-along Painting	27	
30 BINGO! & Walk to Mariposa 					

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Program Descriptions:	
June 2	Library: After lunch we will be walking as a group to the Orillia Library for 2:00pm for a tour of their facility. We will be learning how to rent out books, movies and much more. Please bring photo I.D and Proof of Address.
June 11	Orillia Picnic: You are invited to the March of Dimes/Brain Injury Services Picnic, the location for the picnic is 140 Canice St. Couchiching Park – Pavillion in the Terry Fox Circle. Time is from 11:00am-2:00pm See Flyer Below
June 16	Join us for a day spent at the Orillia Recreation Centre. Located at 255 West Street South. Please arrange your transportation to drop you off and pick you up at this location. We'll get to choose from their many activities. PLEASE BRING A BATHING SUIT & TOWEL IF YOU WISH TO USE THE POOL. Don't forget a lunch! COST \$7.00
June 23	No need to bring a lunch today - we will cook an authentic Canadian breakfast for DINER'S CLUB!
June 30	Dress in comfortable clothing and footwear for our WALK TO MARIPOSA (weather permitting) in the afternoon. Please bring money if you would like to purchase any refreshments.

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You are invited to
March of Dimes Canada / Brain Injury Services

Summer Picnic

Date: Wednesday, June 11th, 2025

Time: 11:00am – 2:00pm



Location: 140 Canice St.
Couchiching park - Pavilion in the
Terry Fox circle

Sandwiches, salads and drinks will be served.

Rain or shine so dress for the weather!