

May 2025 – Orillia Adult Day Services

SEE BACK FOR ALL PROGRAM DETAILS

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	 <p>Orillia program runs From 10:30am - 3:30pm every Monday and Thursday</p> <p>St Paul's Centre 62 Peter St N, Orillia</p> <p>You must be eligible for services & a registered client to participate</p> <p>Staff Contact Info: Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca </p> <p>Mat MacLaren-Coombe 705 – 734 – 2178 ext. 236 mmaclarencoombe@braininjuryservices.ca </p> <p>*Please contact BIS staff for any questions or to report an absence* www.braininjuryservices.ca </p>
			1 Reading Exercises Shuffleboard Pass the Ace	2	
5 Diner's Club!  Mexican – Cinco De Mayo	6	7	8 Karma Play Nine Chair Yoga	9	
12 Orillia Rec Centre  255 West Street South	13	14	15 Educational Workshop: Benefits of Gratitude Spring Wreath Skip Bo	16	
19 Victoria Day Long Weekend – Program Closed	20	21	22 Chair Yoga Scattergories Sequence	23	
26 BINGO! & Walk to Mariposa 	27	28	29 Bowling 	30	

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Program Descriptions:	
May 5	For DINER'S CLUB we'll be making Tacos for Cinco De Mayo – no need to bring a lunch today! Bring your program ideas for Program Planning .
May 12	Join us for a day spent at the Orillia Recreation Centre. Located at 255 West Street South. Please arrange your transportation to drop you off and pick you up at this location. We'll get to choose from their many activities. PLEASE BRING A BATHING SUIT & TOWEL IF YOU WISH TO USE THE POOL. Don't forget a lunch! COST \$7.00
May 26	Dress in comfortable clothing and footwear for our WALK TO MARIPOSA (weather permitting) in the afternoon. Please bring money if you would like to purchase any refreshments.
May 29	BOWLING – We will meet at the Bowling Alley for 11:00am and bowl from 11:00am-1:00pm, followed by lunch and games at the Bowling Alley. Address is 19 Michael Anne Dr. Coldwater Ontario, L0K 1E0 \$5.31 plus tax per person, Food: Special Jumbo Hot Dog or Grilled Cheese plus Chips and Pop for \$6.00 plus tax. Please arrange for your transportation to drop you off and pick you up at this location.