







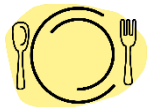



## SEE BACK FOR PROGRAM DETAILS

MON	TUE	WEDNESDAY	THU	FRI	 <b>Collingwood program runs 9:00am – 4:00pm every Wednesday</b>  <b>First Presbyterian Church 200 Maple St. Collingwood</b>  <b>You must be eligible for services and a registered client to participate</b>  <b>Staff Contact Info:</b>  <b>Angie Springer</b> 705 – 734 – 2178 ext. 242 <a href="mailto:aspringer@braininjuryservices.ca">aspringer@braininjuryservices.ca</a>  <b>Lucy Chadderton</b> 705 – 734 – 2178 ext. 233 <a href="mailto:lochadderton@braininjuryservices.ca">lochadderton@braininjuryservices.ca</a>  <i>*Please contact BIS staff for any questions or to report an absence*</i>
			1	2	
5	6 	7 <b>OPTIONAL: Walk &amp; Swim 10:30-11:30</b> Horseshoes Karma Program Planning & Goal Setting	8 	9	
12	13 	14 SkipBo See What I Mean Education: Benefits of Nature Craft – Spring Wreath	15 	16	
19	20 	21 Paint your own Pottery @ Paint Bar! 10am Mexican Train Pictionary	22 	23	
26	27 	28 Yoga Diner's Club! Pancakes Spotlight Series: Old Man Treasures Your Choice	29 	30	

Program Descriptions:	
May 7	<p><u>Today you will have 2 options to choose from for the morning:</u></p> <p><b>Option 1:</b> Come to the church for our regularly scheduled programming (9:00am to 4:00pm)</p> <p><b>Option 2:</b> Start your day at the Centennial Aquatic Centre (451 Third St, Collingwood) to enjoy a swim or to use the walking track. <b>Meet at the Centre for 10:15am.</b> The <u>swim/walk will be from 10:30 to 11:30am.</u></p> <p><b>COST IS \$6.</b> We will return to the church for games and program planning in the afternoon (cab will be provided if needed).</p>
May 14	<p>Today we will be learning about the many physical, mental and emotional <b>Benefits of Being in Nature</b>, and will enjoy making a beautiful <b>Spring Wreath</b>.</p>
May 21	<p>Let's get our creativity flowing with a morning of pottery painting! <b>We'll be meeting at the Paint Bar (191 Hurontario St – unit nine upstairs) for 10am.</b> <u>Prices start at \$12, depending on the pottery piece you choose to paint – please be sure to bring some money to purchase your piece.</u> We'll head back to the church for some games for the afternoon (cab provided if needed).</p>
May 28	<p>Today is <b>Diner's Club!</b> We'll cook some delicious <b>pancakes</b> together – no need to bring a lunch today!</p> <p>We are excited to start our "<b>Spotlight Series</b>" today! This is our chance to highlight one of YOU; each month we will be arranging one group member to present something that is meaningful to them.</p> <p>This month will be brought to you by <b>Old Man Treasures</b> – we'll get to see Larry's amazing and impressive collection!</p>