

SEE BACK FOR PROGRAM DETAILS

MON	TUE	WEDNESDAY	THU	FRI	
	1 	2 Let's Get Moving! Creative Writing Pictionary	3 	4	 <p style="text-align: center;">Collingwood program runs 9:00am – 4:00pm every Wednesday</p> <p style="text-align: center;">First Presbyterian Church 200 Maple St. Collingwood</p> <p style="text-align: center;">You must be eligible for services and a registered client to participate</p> <p style="text-align: center;">Staff Contact Info:</p> <p>Angie Springer 705 – 734 – 2178 ext. 242 aspringer@braininjuryservices.ca</p> <p>Lucy Chadderton 705 – 734 – 2178 ext. 233 lchadderton@braininjuryservices.ca</p> <p style="text-align: center;"><i>*Please contact BIS staff for any questions or to report an absence*</i></p>
7	8 	9 Chair Yoga Bingo! Quiddler Education: Benefits of Gratitude	10 	11	
14	15 	16 Let's Get Crafty! Diner's Club Goal Setting	17 	18	
21	22 	23 Stretch & Relax Shuffleboard Mexican Train	24 	25	
28	29 	30 Play Nine Reading and Memory Exercises Urban Pole Walking	31 		

Program Descriptions:	
April 2	Let's get our bodies moving this morning with a fun workout, followed up by a group creative writing activity! We'll enjoy a game of Pictionary in the afternoon!
April 9	We'll start our day with yoga, then try your luck at Bingo! Let's challenge ourselves with a game of Quiddler in the afternoon, followed up by an educational session on the many positive Benefits of Gratitude.
April 16	Today we'll enjoy getting creative and preparing for Easter with an artistic craft activity followed by a delicious lunch that we'll prepare together – no need to bring a lunch today! We'll work together on a fun game of Just One in the afternoon!
April 23	Let's warm up with some stretch and relax activities then get moving with a game of shuffleboard! All aboard for a game of Mexican Train in the afternoon!
April 30	Let's tee off with a game of Play Nine, followed up by some memory and reading activities! Let's get our bodies moving as we try out Urban Pole Walking in the afternoon!