







October 2024 - Orillia Adult Day Services

Sun	Monday	Tues	Wed	Thursday	Fri	Sat
 Pete	Movement and Mindfulness will be included each day!  	01	02	03 Quiddler & Karma 	04	05 Orillia Farmers' Market 9am to 1pm ODAS Park
06	07 BINGO! & Walk to Mariposa  	08	09	10 Scattergories & Wizard  PROGRAM PLANNING	11	12 Orillia Farmers' Market 9am to 1pm ODAS Park
13	14 	15	16 Aging Well Expo 10-3pm 500 University Ave	17 Dice & Sequence 	18	19 Orillia Fall Fair At Orillia Public Library Orillia Fall Fair
20	21 Trip to Orillia Rec Center  255 West Street South	22	23	24 Group Walk & Play Nine 	25	26 Orillia Farmers' Market 9am to 1pm At Orillia Public Library
27	28 Diners Club Armchair Travels 	29	30	31 Halloween Party! 	October Flower  Marigold	October Gemstone  Opal

Orillia Adult Day Services for October 2024 10:30am until 3:30pm

- Oct 03** Test your skills with **QUIDDLER** in the morning, and see who your friends are with a game of **KARMA** this afternoon!
- Oct 07** Bring your luck because today is **BINGO!** Dress in comfortable clothing and footwear for our **WALK TO MARIPOSA** in the afternoon. Please bring money if you would like to purchase anything.
- Oct 10** Enjoy a day of games with **SCATTERGORIES** in the morning, and the popular game of **WIZARD** in the afternoon. We'll also complete program planning – bring your ideas!
- Oct 14** **BIS IS CLOSED** for Thanksgiving. Enjoy your day!
- Oct 17** Try your luck with a game of **DICE**, then partner up for some fun with **SEQUENCE**.
- Oct 21** Join us for a day spent at the Orillia Recreation Centre! Located at 255 West Street South. Please arrange your transportation to drop you off and pick you up at this location. We'll get to choose from their many activities. **PLEASE BRING YOUR BATHING SUIT AND TOWEL IF YOU WISH TO USE THE POOL/STEAM ROOM.** Don't forget to pack a lunch! **COST: \$7**
- Oct 24** We'll enjoy a beautiful fall **WALK** together this morning. Lowest score wins in the card game **PLAY NINE** this afternoon!
- Oct 28** What country will we explore and learn about today in **DINERS CLUB armchair travels?!** We will prepare and enjoy a meal native to that country. Bring your appetites!
- Oct 31** Dress up and join us for a Halloween party! There will be games, crafts, and a movie! No trick...just treats!

Lunch is from 12:00 to 1:00 pm. Please Bring your own lunch and note we do not have access to a microwave. BIS provides coffee, tea and water.

Some activities are weather permitting and/or may require a fee.

BIS is a Scent Free Zone for the health and comfort of those with allergies.

*****Please contact Angie Springer for any questions or to report an absence*****

**Brain Injury Services – Orillia Adult Day Services at St. Paul's Centre in Memorial Hall
St. Paul's Centre is located at 62 Peter Street North
Mondays and Thursdays 10:30am until 3:30pm**

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