

October 2024 – Muskoka - Community Programs

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | REMINDERS |
|---|---------|-----------|----------|--------|---|
| | 1 | 2 | 3 | 4 |  |
| 7 In-person group Legion in Huntsville 10:30 | 8 | 9 | 10 | 11 | |
| 14 BIS Closed Thanksgiving Day | 15 | 16 | 17 | 18 | <p>To register for ZOOM virtual groups or for more information please call or email Cynthia</p> <p>cblakelockturk@braininjuryservices.ca</p> <p>1-877-320-1950 ext. 245</p> <p>www.braininjuryservices.ca</p>  |
| 21 Virtual Group 10:30 | 22 | 23 | 24 | 25 | |
| 28 | 29 | 30 | 31 | | |



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October 7

In person group - Huntsville

Art Class. Join us, along with Nancy Hunter, Artist. Nancy will facilitate an art workshop that will give you the opportunity to complete a piece of art that you can take home.

Join us at the Legion in Huntsville. We will meet upstairs and there is an elevator, if needed.

10:30 a.m. to 12:00 p.m.

October 21

Virtual - Peer Support / Social

You can meet with your peers to share your community information and helpful tips on living with a brain injury.

10:30 a.m. to 11:30 a.m.