

November 2024 – Muskoka - Community Programs

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	REMINDERS
4 10:30 – 12 In-Person Group Legion (Huntsville upstairs)	5	6	7	8	
11	12	13	14	15	
18	19	20	21	22	<p style="text-align: center;"> To register for ZOOM virtual groups or for more information please call or email Cynthia </p> <p style="text-align: center;"> cblakelockturk@braininjuryservices.ca 1-877-320-1950 ext. 245 </p> <p style="text-align: center;"> www.braininjuryservices.ca </p>
25 Virtual Group 10:30	26	27	28	29	



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November 4

In person group - Huntsville

We will meet with your peers and discuss how to “Improve your Relationships with Effective Communication Skills.”

Join us at the Legion in Huntsville. We will meet upstairs and there is an elevator, if needed.

10:30 a.m. to 12:00 p.m.

November 25

Virtual - Peer Support / Social

You can meet with your peers to share your community information and helpful tips on living with a brain injury.

10:30 a.m. to 11:30 a.m.