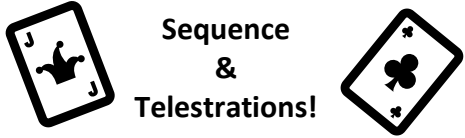

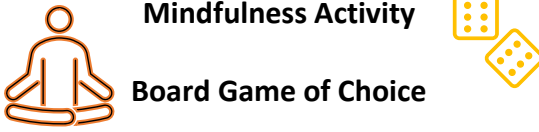



October 2024 - Collingwood Adult Day Services

See back for all program details including time & location.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		2  Sequence & Telestrations!	3	4	 <p>Collingwood program runs 9am – 4:00pm every Wednesday.</p> <p>First Presbyterian Church 200 Maple St. Collingwood</p> <p>Staff Contact Info:</p> <p>Melissa Quinlan 705 – 734 – 2178 ext. 235 mquinlan@braininjuryservices.ca</p> <p>Kylie McComish 705 – 734 – 2178 ext. 233 kmccomish@braininjuryservices.ca</p> <p><i>*Please contact to BIS staff for any questions or to report an absence*</i></p>
7	8	9  Thanksgiving Feast- Swiss Chalet Program Planning	10	11	
14	15	16  Mindfulness Activity Board Game of Choice	17	18	
21	22	23 See What I Mean? Card Game 	24	25	
28	29	30  Halloween Movie & Games	31		

October 2024 - Collingwood Adult Day Services

Program Descriptions:	
October 2nd: Sequence	Today we will be playing a team strategy game called Sequence. Following Sequence, we will play Telestrations, a combination of Pictionary and Broken Telephone!
October 9th: Thanksgiving Feast	Join us today and enjoy lunch on us! A Thanksgiving feast from Swiss Chalet will be provided to celebrate the coming weekend festivities.
October 16th: Mindfulness & Board Games	Let's get our bodies centred this morning with a relaxing meditation. We will finish our day with a boardgame of your choice.
October 23rd: See What I Mean?!	Let's start off our morning playing the game 'See What I Mean?!'. This game is played with some humour by finishing the phrase that will bring you to tears and laughter!
October 30th: Halloween Movie & Games	Get into the spirit of Halloween by enjoying some Halloween trivia, treats and a movie!