











August 2024 - Orillia Adult Day Services

| Sun | Monday | Tues | Wed | Thursday | Fri | Sat |
|-----------------------------------|---|------|-----|--|-----|---|
| | <p>August Flower: Gladiolus Gemstone: Peridot</p>  | | | <p>01 Boggle & Dice</p>  | 02 | 03 |
| 04 | <p>05 BIS CLOSED AUGUST CIVIC HOLIDAY</p>  | 06 | 07 | <p>08 Quiddler & Horseshoes</p>  | 09 | 10 Orillia Waterfront Festival |
| 11 Orillia Waterfront Festival | <p>12 Bingo & Karma</p>  | 13 | 14 | <p>15 Craft and Wizard</p>  | 16 | 17 |
| 18 | <p>19 Cineplex Matinee Movie</p>  | 20 | 21 | <p>22 Minute to Win It & Golf</p>  | 23 | 24 |
| 25 | <p>26 Walk to Mariposa (AM)</p>  | 27 | 28 | <p>29 Brain Health & Movie Chinese Lunch on Us!</p>  | 30 | 31  |

Orillia Adult Day Services for August 2024 10:30am until 3:30pm

We acknowledge that we are gathering on the traditional territory of the Anishinaabeg, specifically, the Chippewas of Rama First Nation, a member of the Chippewa Tri-Council and Three Fires Confederacy. We acknowledge that this land is covered by the Williams Treaties and Upper Canada Treaties signed by our governments on behalf of the Anishinaabe and Canadian Peoples and was once part of the Coldwater-Narrows Reserve.

Aug 01 How many words can you find in **BOOGLE?!** Feeling lucky? **DICE** games in the afternoon.

Aug 05 **BIS is CLOSED for statutory holiday!**

Aug 08 Get out the dictionaries for **QUIDDLER**. In the afternoon we will get up and move with a game of **HORSESHOES**.

Aug 12 Scan those numbers to find a **BINGO!** In the afternoon is a group favorite **KARMA**.

Aug 15 We will focus on the creative side of the brain this morning with a **CRAFT**. This afternoon brings **WIZARD**.

Aug 19 We will venture to the **ORILLIA GALAXY CINEMA** for a matinee movie. Details and pricing to follow.

Aug 22 We will have lots of fun playing **MINUTE TO WIN IT CHALLENGES**. In the afternoon we will play the card game **GOLF**.

Aug 26 We will **WALK to MARIPOSA** in the **MORNING**. Bring money, a hat and wear comfortable clothing. After lunch will be Your Choice!

Aug 29 **COGNITIVE EXERCISES** this morning. In the afternoon we will **WATCH "Underground Orillia"** and **LUNCH is on us!**

Morning activities start at 10:30am

Afternoon activities start at 1:00pm.

Lunch is from 12:00 to 1:00 pm. Please Bring your own lunch and note we do not have access to a microwave. BIS provides coffee, tea and water.

Some activities are weather permitting and/or may require a fee.

BIS is a Scent Free Zone for the health and comfort of those with allergies.

****Please contact Jen Krynicki for any questions or to report an absence****

**Brain Injury Services – Orillia Adult Day Services at St. Paul's Centre in Memorial Hall
St. Paul's Centre is located at 62 Peter Street North
Mondays and Thursdays 10:30am until 3:30pm**

BIS office: 705-734-2178

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