



## July 2024 – Muskoka - Community Programs

MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	REMINDERS
1 <b>BIS – CLOSED</b> - <b>CANADA DAY</b>	2	3	4	5	 <p>To register for ZOOM virtual groups or for more information please call or email Cynthia.  <a href="mailto:cblakelockturk@braininjuryservices.ca">cblakelockturk@braininjuryservices.ca</a>            1-877-320-1950 ext. 245  <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p> 
8 We will not meet at the Legion for July and August	9	10	11	12	
15	16	17	18	19	
22	23	24	25	26	
29 VIRTUAL MEETING 10:30 “Building Relationships & Overcoming Loneliness”	30	31			



## July 2024 – Muskoka Community Programs

July 29

Virtual - Peer Support / Social

We will review “Building Relationships and Overcoming Loneliness” and you can meet with your peers to share your community information and helpful tips on living with a brain injury.

10:30 a.m. to 11:30 a.m.