

June 2024 – Midland Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
3	4  <p>Wizard Five Crowns Skip-Bo</p>	5	6 <p>Practice Positivity Dice Games</p> 	7
10	11  <p>Pool Golf Brain Waves</p>	12	13 <p>Little Lake Park! Tote Bag Decorating</p> 	14
17	18  <p>Wye Marsh Day!</p>	19	20 <p>Unmasking Brain Injury</p> 	21
24	25  <p>Lawn Bowling Little Lake Park</p>	26	27 <p>Martyr's Shrine Art Class</p> 	28

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June is Brain Injury Awareness Month!

June 4th – Come down the Legion for fan-favorite games!

June 6th – We will be spending the morning at the Legion playing some fan-favourite games and perfecting our positive attitudes.

June 11th – Join us at the Legion for Pool Golf and cognitive exercises.

June 13th – **Little Lake Park day! (606 Little Lake Park Rd.)** Please arrange your transportation to drop you off and pick you up from this location. Bring your packed lunch or money if you wish to purchase your lunch at the park restaurant. Please remember your mobility assistive devices if needed.

June 18th – **Meet us at the Wye Marsh** for a day of adventuring the outdoors **(16160 Highway 12)**! Please bring you packed lunch, and mobility assistive devices if needed. There will be plenty of walking and exploring this date. Please arrange your transportation accordingly. (9:30am-3:30pm at the Wye Marsh).

June 20th – June is brain injury awareness month! Join us at the Legion and unmask the beauty behind a brain injury.

June 25th – Lawn Bowling! – Gather at 9:30am to participate in some healthy competition. Please remember to bring your lunch and mobility assistive device if needed. We will be spending the afternoon at Little Lake Park following Lawn Bowling. Please arrange your transportation to **drop you off at Midland Lawn Bowling club (664 King St.)** and **pick you up from Little Lake Park (606 Little Lake Park Rd.)**.

June 27th – **Meet at the Martyr's Shrine (16271 Highway 12)** for an art workshop. We will be spending the day at the Shrine (9:30am-3:30pm). It is \$20/person to participate. Please remember to bring your packed lunch, mobility assistive devices if needed and arrange your transportation accordingly.

Brain Injury Services – Midland Adult Day Services

Midland Royal Canadian Legion Branch 80

198 Queen St. Midland ON L4R 0C8

Tuesdays and Thursdays 9:30am – 3:30pm

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