

June 2024 - Collingwood Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
				31
3	4	5  Jok-R-Rummy Dice Games (9am-12:30pm)	6	7
10	11	12 Chair Yoga Uno Skip-Bo 	13	14
17	18	19  Sunset Point Park (9:30-4:00)	20	21
24	25	26  Blossom Quiddler (9am-12:30pm) Paint Bar (1pm-3:30pm)	27	28

Collingwood Adult Day Services for June 2024

June 5th – **Program will run from 9am-12:30pm this date.** Join us at the First Presbyterian Church for fan-favorite games.

June 12th – Meet at the FPC for some light stretching and healthy competition.

June 19th – Sunset Park day! Join us from 9:30am-4pm for a day of fresh air and games at Sunset Park (35 St. Lawrence St.). Bring your packed lunch or funds if you wish to purchase lunch. Please remember your mobility assistive devices if needed and organize your transportation accordingly.

June 26th – Spend the morning at the FPC to work on our communication and spelling. In the afternoon we will be venturing to the Paint Bar for 1pm. (191 Hurontario St.). Please arrange your transportation to drop you off at the church in the morning and pick you up from the Paint Bar at 3:30pm.

Brain Injury Services – Collingwood Adult Day Services

Phone: 705-734-2178 Victoria ext. 233

Check out our website! www.braininjuryservices.ca

****PLEASE NOTE: Masks (provided by BIS) are recommended to be worn when attending the Collingwood ADS program**

Participants must be independent with transportation and personal support requirements. as one to one assistance is not available. **

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