

Monday	Tuesday	Wednesday	Thursday	Friday
1	2  Trivia Tuesday Shuffleboard	3	4 Aqua-Fit Wizard Phase 10 	5
8	9  Pool Golf Axe Throwing Poker	10	11 Spring themed Craft (9am-2pm) 	12
15	16  Dream Catcher Workshop at Huronia Museum	17	18 Chair Yoga Practice Positivity Quiddler 	19
22	23  Midland Cultural Centre Your Choice Games	24	25 Bowling (10am-12pm) Dice Games (12pm-2pm) 	26
29	30  Aqua-Fit BINGO			

April 2024 – Midland Adult Day Services

April 2nd – Bring your thinking caps to the Legion for trivia and shuffleboard.

April 4th – Come play fan-favourite games at the Legion.

For those interested: Staff will be accompanying clients to the YMCA for Aqua-Fit from 10:15am-11:00am. It is \$10/person. We will be leaving the Legion at 9:45am and returning for lunch.

April 9th – Join us at the Legion to work on our accuracy skills with pool golf and axe throwing poker.

April 11th – Tap into your creative side with a spring themes craft at the Legion.

April 16th – We will be meeting at The Huronia Museum at 10am for a dream catcher workshop (545 Little Lake Park Rd.). It is \$9 per person. Afterwards, we will be returning to the Legion for an afternoon of games. Please bring your packed lunch and arrange your transportation accordingly for the morning.

April 18th – Join us at the Legion to stretch our bodies and positive outlooks on life.

April 23rd – We will be spending the day at the Midland Cultural Centre (333 King St.). Staff will meet you at the Legion for those who wish to walk to the Cultural Centre at 10am. Staff will also meet at the Cultural Centre for those who wish to meet directly at this location. Please bring a mobility assistive device if needed as we will be doing quite a bit of walking this day. There is Café Roxy at the Cultural Centre if you wish to purchase your lunch.

April 25th – We will be meeting at Bayshore Lanes (205 King St.) at 10am for friendly competition. Please bring your mobility assisted devices if you wish to walk to and from the Legion. We will be heading back to the Legion for the remainder of the day, please bring your packed lunch.

April 30th – Take your chance with luck and join us for BINGO at the Legion!

For those interested: Staff will be accompanying clients to the YMCA for Aqua-Fit from 10:15am-11:00am. It is \$10/person. We will be leaving the Legion at 9:45am and returning for lunch.

Brain Injury Services – Midland Adult Day Services

Midland Royal Canadian Legion Branch 80

198 Queen St. Midland ON L4R 0C8

Tuesdays and Thursdays 9:30am – 3:30pm

Barrie Office 705-734-2178 Victoria ext. 233 /Jeremy ext. 243