


May 2024 - Collingwood Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
	 	1 EggSmart 10am-12pm	2	3
6	7	8 Chair Yoga Dice Games	9 	10
13	14 	15 Jeopardy & Trivia	16	17
20	21	22 Mug Decorating	23 	24
27	28 	29 Mexican Train Phase 10	30	31

Collingwood Adult Day Services for May 2024

For the month of May, all program days will be running from 9am-12:30pm at the First Presbyterian Church (200 Maple St.) Please arrange transportation according to program schedule.

May 1st – Meet at EggSmart (115 First St.) for brunch at 10am! We will be staying at EggSmart until 12pm. Please arrange transportation accordingly and bring any mobility assistance devices if needed.

May 8th – Come the church for some light stretching and dice games.

May 15th – Bring your thinking caps to the church for a day of trivia!

May 22nd – Get your creative juices flowing with a day of mug decorating.

May 29th – Join us at the church for some fan-favorite games!

Brain Injury Services – Collingwood Adult Day Services

Phone: 705-734-2178 Victoria ext. 233 Ramsha ext.236

Check out our website! www.braininjuryservices.ca

****PLEASE NOTE: Masks (provided by BIS) are recommended to be worn when attending the Collingwood ADS program**

Participants must be independent with transportation and personal support requirements. as one to one assistance is not available. **

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