

February 2024 - Collingwood Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6 	7 BINGO Chair Yoga 5 Crowns	8	9
12	13	14 Valentines Day Movie, Snacks & Craft (Zoom craft available)	15 	16
19	20 	21 Quiddler Paint Bar	22	23
26	27	28 Trivia Dice Games (Zoom craft available)	29 	

Collingwood Adult Day Services for February 2024

February 7th – Join us at the FPC for BINGO and yoga!

February 14th – Celebrate Valentines Day with friends at the FPC with a movie and snacks! In the afternoon, there will be a craft that is also available through zoom if you do not wish to attend in person. Hope to see you there!

February 21st – Come to the FPC in the morning for word game exercises. Join us at The Paint Bar (191 Hurontario St.) for an afternoon from 1:00pm- 4:00pm of painting! Please arrange for your transportation to pick you up at this location between 3:30-4pm.

February 28th – Bring your thinking caps to the FPC for a morning of trivia and afternoon of creativity. There will be a craft that is also available through zoom if you don't wish to attend in person. Hope to see you there!

Programming runs from 9am – 4pm on Wednesdays at the First Presbyterian Church, 200 Maple St. Collingwood, ON.

Brain Injury Services – Collingwood Adult Day Services
Phone: 705-734-2178 -- Victoria ext. 233 / Angie ext. 242
Check out our website! www.braininjuryservices.ca

*****PLEASE NOTE: Masks (provided by BIS) are recommended to be worn when attending the Collingwood ADS program***
Participants must be independent with transportation and personal support requirements. as one to one assistance is not available. **