

# October 2023 – Midland Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
2	3  <b>Paper Mache</b> <b>Hot Air Balloons</b>	4	5 <b>VON</b> <b>Thankful Thinking</b> <b>Pumpkin Pie</b> 	6
9	10  <b>VON</b> <b>Healthy Habits</b> <b>Practice Positivity</b> <b>World Mental Health Day</b>	11	12 <b>Wizard</b> <b>Skip-Bo</b> <b>9:30am-2:00pm</b> <b>Pumpkinferno</b> 	13
16	17  <b>Shuffleboard</b> <b>Trivia Tuesday</b>	18	19 <b>VON</b> <b>Jok-R-Uummy</b> <b>Phase 10</b> <b>Karma</b> 	20
23	24  <b>VON</b> <b>BINGO</b> <b>Mexican Train</b>	25	26 <b>Halloween Craft</b> <b>Board Games</b> <b>9:30am-2:00pm</b> 	27
30	31  <b>Halloween</b> <b>Costume and Pizza</b> <b>Party</b>			

# October 2023 – Midland Adult Day Services

**October 3<sup>rd</sup> – Meet at the Legion to take our crafting and creativity sky-high!**

**October 5<sup>th</sup> – Lets celebrate Thanksgiving together and remember all we have to be grateful for. Come to the Legion for a day of gratitude and pumpkin pie!**

**October 10<sup>th</sup> – Come together to recognize World Mental Health Day by practicing positivity and discussing how we can form healthy habits.**

**October 12<sup>th</sup> – Regularly scheduled programming and activities will be happening at the Legion starting at 9:30am – 2:00pm.**

**For those who wish to participate: Staff will meet you at Discovery Harbour (93 Jury Drive, Penetanguishene, ON) at 6:30pm. It is \$15+tax per person to attend the walk-through display of pumpkin madness. Family members welcome! Remember to wear weather appropriate attire and comfortable shoes. Please bring any mobility assistance devices if needed.**

**October 17<sup>th</sup> – Join us at the Legion for shuffleboard and trivia Tuesday!**

**October 19<sup>th</sup> – Meet at the Legion for some fan favourite games and activities.**

**October 24<sup>th</sup> – Take your chance with luck and join us for BINGO at the Legion!**

**October 26<sup>th</sup> – Lets get into the holiday spirit and create some spooky crafts! Program will be running from 9:30am-2:00pm.**

**October 31<sup>st</sup> – Show off your best looks for a costume party and sweet treats and pizza on Halloween!**

## **Brain Injury Services – Midland Adult Day Services**

Midland Royal Canadian Legion Branch 80

198 Queen St. Midland ON L4R 0C8

Tuesdays and Thursdays 9:30am – 3:30pm

**Barrie Office** 705-734-2178    Victoria ext. 233 /Jeremy ext. 243