





October 2023 - Collingwood Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Dice Games  Meet @ FPC (200 Maple) 9:00am-4:00pm	5	6
9 BIS CLOSED (Thanksgiving Monday)	10	11 5 Crowns  Meet @ FPC (200 Maple) 9:00am-4:00pm	12	13
16	17	18 Positivity Workshop  Meet @ FPC (200 Maple) 9:00am-4:00pm	19 	20
23	24	25 Pumpkin Painting  Meet @ FPC (200 Maple) 9:00am-4:00pm	26	27
30 	31			October Signs: Libra & Scorpio October Flower: Marigold & Cosmos

Collingwood Adult Day Services for October 2023

Wednesdays – Meet us at the **First Presbyterian Church** located at **200 Maple Street, Collingwood**. Activities will vary day to day based on group choice. **Group will run from 9:00am to 4:00pm on Wednesdays.**

***Please arrange to have your ride drop you off no earlier than 9:00am and pick up no later than 4:00pm unless you have previously made other arrangements with your counsellor. ***

October 4th – Today we will be getting into some dice games. 10,000? Yahtzee? 30?

October 11th – Today we will be playing the classic game of 5 crowns, let's see who our crowned winner will be!

October 18th – Today we will be focusing on the positive things in our lives with some fun, interactive exercises!

October 25th – Today we will be painting pumpkins! Let's get into the Halloween spirit and show off our creative sides! Today we will also be dressing up, so get out your Halloween costumes early and let's see who has the best costume!

Brain Injury Services – Collingwood Adult Day Services
Phone: 705-734-2178 – Julia ext. 231 or Victoria ext. 233

Check out our website! www.braininjuryservices.ca

BIS is a Scent Free Zone for the health and comfort of those with allergies*

Participants must be independent with transportation and personal support requirements. as one to one assistance is not available. **

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