


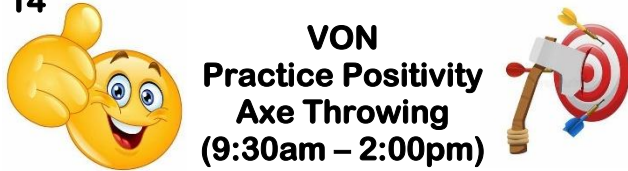
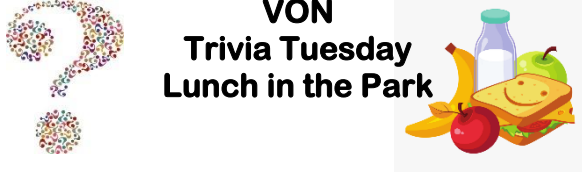
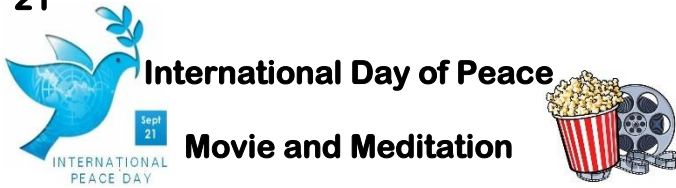

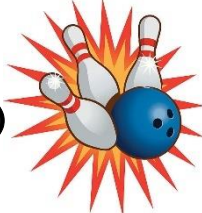


Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5  VON Phase 10 Quiddler Wizard	6	7  Little Lake Park!	8
11	12  Pool Golf Pizza Party!	13	14  VON Practice Positivity Axe Throwing (9:30am – 2:00pm)	15
18	19  VON Trivia Tuesday Lunch in the Park	20	21  International Day of Peace Movie and Meditation	22
25	26  VON Paper Mache Day!	27	28  Bowling! (9:30 am– 2:00pm)	29

September 5th – Join us at the Legion for a fun-filled day of card games and cognition!

September 7th – Soak up the last of the summer sun for a day of fresh air and friends at Little Lake Park (606 Little Lake Park Rd.). We will meet at the middle gazebo at 9:30am. Please remember to bring a packed lunch or money if you wish to purchase your lunch from the Galley Restaurant

September 12th – Meet at the Legion for some billiards and a pizza party lunch on us!

September 14th – Positivity and precision day at the Legion!
Please be advised: On this date, program will run from 9:30am – 2:00pm.

September 19th – Test your memory and join us at the Legion for Trivia Tuesday! We will be having lunch in the park directly across the street. Please wear appropriate footwear and bring your packed lunch.

September 21st – Mindfulness, meditation and movie day at the Legion.

September 26th – Lets get crafty with paper Mache day at the Legion. Please wear appropriate clothing that you're not afraid to get messy in!

September 28th – Come to Bayshore Lanes (205 King St.) for a morning of healthy competition and movement.
Please be advised: We will be meeting at Bayshore Lanes at 9:30am and be going back to the Legion for lunch. Program will be ending at 2:00pm on this date.

Brain Injury Services – Midland Adult Day Services

Midland Royal Canadian Legion Branch 80

198 Queen St. Midland ON L4R 0C8

Tuesdays and Thursdays 9:30am – 3:30pm

Barrie Office 705-734-2178 Victoria ext. 233 /Jeremy ext. 243