

## May 2023 - Collingwood Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 	<b>2</b>	<b>3</b> <b>Plant Potting</b>  Meet @ FPC (200 Maple) 9:00am-4:00pm	<b>4</b>	<b>5</b> Virtual Coffee Social 9:30am Brain Busters 10am VON & Music Trivia 11am
<b>8</b>	<b>9</b>	<b>10</b> <b>Uno!</b>  Meet @ FPC (200 Maple) 9:00am-4:00pm	<b>11</b>	<b>12</b> Virtual Coffee Social 9:30 Brain Busters 10am VON & Music Trivia 11am
<b>15</b>	<b>16</b>	<b>17</b> <b>Quiddler</b>  Meet @ FPC (200 Maple) 9:00am-4:00pm	<b>18</b>	<b>19</b> Virtual Coffee Social 9:30 Brain Busters 10am VON & Music Trivia 11am
<b>22</b> Victoria Day <b>BIS CLOSED</b>	<b>23</b>	<b>24</b> <b>Sunset Point Park</b>  Meet @ FPC (200 Maple) 9:00am-4:00pm	<b>25</b>	<b>26</b> <b>BIS CLOSED</b> (9am – 1pm)
<b>29</b>	<b>30</b>	<b>31</b> <b>Pizza Party!</b>  Meet @ FPC (200 Maple) 9:00am-4:00pm		

## Collingwood Adult Day Services for May 2023

**Wednesdays** – Meet us at the **First Presbyterian Church** located at **200 Maple Street, Collingwood**. Activities will vary day to day based on group choice. **Group will run from 9:00am to 4:00pm on Wednesdays.**

**\*Please arrange to have your ride drop you off no earlier than 9:00am and pick up no later than 4:00pm unless you have previously made other arrangements with your counsellor. \***

**May 3<sup>rd</sup>** – Today we will be using our green thumbs and planting some seedlings in pots so you can take them home and watch them grow 😊

**May 10<sup>th</sup>** – Today we will be playing Uno! Let's see who can get rid of all their cards first.

**May 17<sup>th</sup>** – Today we will be playing the game of Quiddler. So, bring your spelling skills and let's see who can get the most points!

**May 24<sup>th</sup>** – Today we will be offsite and meeting at **Sunset Point Park** located on St. Lawrence Street. We will be on the lakeside to the left of the main washrooms/concession stand. Please bring a hat, lawn chair & beverage to stay hydrated. If the weather is not cooperating our rain location will be our usual meeting spot at First Presbyterian Church (200 Maple Street).

**May 31<sup>st</sup>** – Today is Pizza Day on us! So, no need to bring a lunch, just your appetite!

**Brain Injury Services – Collingwood Adult Day Services**

**Phone: 705-734-2178 – Julia ext. 231 or Melissa ext. 235**

Check out our website! [www.braininjuryservices.ca](http://www.braininjuryservices.ca)

**\*\*PLEASE NOTE: Masks (provided by BIS) are required to be worn when attending the Collingwood ADS program**

**Participants must be independent with transportation and personal support requirements. as one to one assistance is not available. \*\***

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