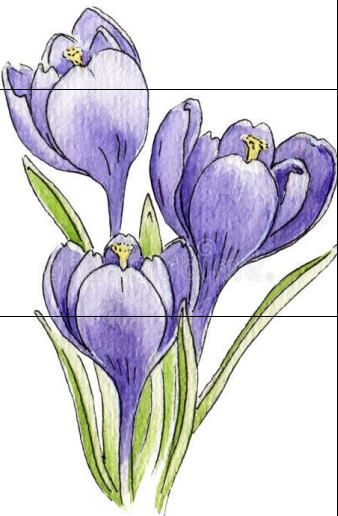
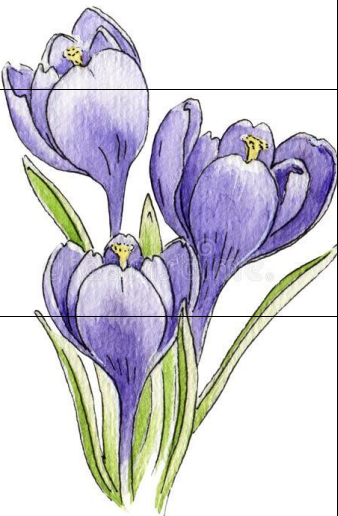
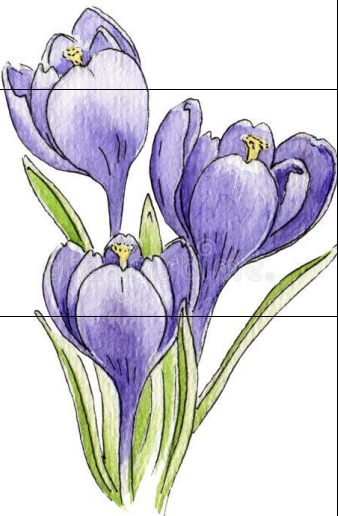


Mon	Tue	Wed	Thu	Fri
01 <b>Game Time</b> 2:00 pm – 3:00 pm  <b>Meditation Drop-in</b> 3:30 pm – 4:00 pm	02 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	03 	04 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	05 <b>Sharing Laughs:</b> 3:00 pm
08 <b>Game Time</b> 2:00 pm – 3:00 pm  <b>Meditation Drop-in</b> 3:30 pm – 4:00 pm	09 <b>Bingo!</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	10 	11 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	12 <b>Sharing Laughs:</b> 3:00 pm
15 <b>Game Time</b> 2:00 pm – 3:00 pm  <b>Meditation Drop-in</b> 3:30 pm – 4:00 pm	16 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	17 	18 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	19 <b>Sharing Laughs</b> 3:00 pm
22 <b>Game Time</b> 2:00 pm – 3:00 pm  <b>Meditation Drop-in</b> 3:30 pm – 4:00 pm	23 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	24	25 <b>Bingo!</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	26 <b>Sharing Laughs</b> 3:00 pm
29 <b>Game Time</b> 2:00 pm – 3:00 pm  <b>Meditation Drop-in</b> 3:30 pm – 4:00 pm	30 <b>Brain Busters</b> 10:00 am  <b>VON Exercise /Music</b> 11:15 am	31 <div style="border: 1px solid black; padding: 5px;"><b>Note: Registration required for Meditation Drop-in On Mondays</b></div>	<div style="border: 1px solid black; padding: 5px;"><b>Game Time:</b> Join us Monday afternoons for a variety of games and fun!</div>	<div style="border: 1px solid black; padding: 5px;"><b>Sharing Laughs:</b> Lets end the week sharing jokes and stories that make us laugh!</div>

If you would like to register for ZOOM online groups or would like more information email [ksulman@braininjuryservices.ca](mailto:ksulman@braininjuryservices.ca)

**NOTE:** Please do not join programs more than 5 minutes before start time