MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
		1 New Year's Day Office Closed	2 DROP IN 1:00-4:00	3	* New
6	7 Organizational Skills 1:30-3:00 registration required	8	9 DROP IN 1:00-4:00	10	Weekly mediation sessions will be offered at BIS in the near future. More details coming soon!
13	14 Organizational Skills 1:30-3:00 registration required	15	16 DROP IN 1:00-4:00	17	
20	21 Organizational Skills 1:30-3:00 registration required	22	23 DROP IN 1:00-4:00	24	Stop by our website!
27	28	29	30 DROP IN 1:00-4:00	31	www.braininjuryservices.ca



21 Essa Road, Unit #1, Barrie, ON L4N 3K4

ALL TUESDAY WORKSHOPS REQUIRE PRE-REGISTRATION. PLEASE CONTACT REBECCA TO REGISTER AT 705-734-2178 ext 222 or <u>rswift@braininjuryservices.ca</u>

Organizational Skills

Strategies to use your time, energy and strengths, effectively and efficiently in order to organize your life.

Drop In

We encourage you to come by for coffee, chat with others, play a game of cards, work on the computer or access our resource room. Everyone is welcome to attend. Join us every Thursday from 1-4 pm.

