

## November 2019 – Muskoka Community Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
<p>4</p>	<p>5 <b>BRACEBRIDGE</b></p> <p>Lunch &amp; Learn</p> <p>12–2:30 p.m.</p>	<p>6</p>	<p>7</p>	<p>8</p>	<div style="text-align: center;">  <p>Check out our website! <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p> <p>Give us a call 1-877-320-1950</p> <p>Cynthia ext: 245 Trisha ext: 226</p> </div>
<p>11</p> 	<p>12</p>	<p>13</p>	<p>14</p>	<p>15 <b>GRAVENHURST</b></p> <p>Peer Support</p> <p>1 – 2:30 p.m.</p>	
<p>18</p>	<p>19 <b>BRACEBRIDGE</b></p> <p>Art workshop</p> <p>1 – 3:00 p.m.</p>	<p>20</p>	<p>21</p>	<p>22</p>	
<p>25 <b>HUNTSVILLE</b></p> <p>Peer Support</p> <p>10 – 11:30 a.m.</p>	<p>26</p>	<p>27</p>	<p>28</p>		

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- November 5                      Lunch and Learn. Join us in the Community Room at Your Independent Grocer (YIG) in **Bracebridge**. We will be making a light lunch and sharing community information and helpful tips on living with a brain injury.  
12:00 p.m. to 2:30 p.m.
- November 15                     Join us at “The Friends” office, 141 Sharpe St. West in **Gravenhurst** for a peer social. Come share your community information and helpful tips on living with a brain injury.  
1:00 p.m. to 2:30 p.m.
- November 19                     Art workshop. Join us in the Community Room at YIG in **Bracebridge**. Nancy Hunter will facilitate an art workshop that will give you the opportunity to complete a piece of art that will be ready for display.  
1:00 p.m. to 3:00 p.m.
- November 24                     Join us in the Community Room at YIG in **Huntsville**. This is an opportunity to meet with your peers to share your community information and helpful tips on living with a brain injury.  
10:00 a.m. to 11:30 a.m.