

## September 2019 – Muskoka Community Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
2 <i>Labour Day</i> <i>BIS office closed</i>	3 BRACEBRIDGE  Lunch & Learn 12 - 2:30 p.m.	4	5	6	 <p>Check out our website!  <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p> <p>Give us a call  1-877-320-1950</p>
9	10	11	12	13 GRAVENHURST  Picnic 1 – 2:30 p.m.	
16	17	18	19	20	
23	24 BRACEBRIDGE  Art workshop 1 – 3:00 p.m.	25	26	27	
30 HUNTSVILLE  Peer Social 10 – 11:30 a.m.					Cynthia ext: 245 Trisha ext: 226

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- September 3                      Lunch and Learn. Join us in the Community Room at Your Independent Grocer (YIG) in **Bracebridge**. We will prepare a light lunch and then we will share your community information and helpful tips on living with a brain injury.  
12:00 p.m. to 2:30 p.m.
- September 13                     Picnic. Join us at the pavilion at Gull Lake park, in **Gravenhurst**, for a picnic. Food and beverages will be supplied. Rain or shine.  
Please R.S.V.P. for this event.  
1:00 to 2:30 p.m.
- September 24                    Art Class. Join us, along with Nancy Hunter, at YIG in **Bracebridge**. Nancy will facilitate an art workshop that will give you the opportunity to complete a piece of art that you can take home.  
1:00 p.m. to 3:00 p.m.
- September 30                    Peer Social. Join us in the Community Room at YIG in **Huntsville**. This is an opportunity to meet with your peers to share your community information and helpful tips on living with a brain injury.  
10:00 a.m. to 11:30 a.m.