













September 2019 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
01 <i>September; when the leaves start to blush and turn red</i>	02 	03 Scrabble Lunch at 201 Grill & Game Bar  \$20	04	05 Brain Power/Work On Goals  Red Caboose Mini Golf & Lunch \$15	06	07
08	09	10 Walk/Work On Goals 	11	12 Sing-A-Long with KC  Shuffleboard	13 Oro World Fair 13 th to 14 th	14 Full Moon/ Falling Leaves Moon
15	16	17 MINDfull Diners' Club  Arts & Crafts	18	19 Chromino  \$25	20	21
22	23 	24 Program Planning/Quiddler 	25	26 Program Planning  5 Crowns	27 Coldwater Fall Fair 27 th to 29 th	28 Doors Open & Culture Days
29	30	 September's birth flower is Aster or Morning Glory		 September's birth stone is Sapphire		

Orillia Adult Day Services for September 2019

- Sept 03** Our first day together in September begins with a fun day of morning **Scrabble** then we will taxi to the 201 Grill and Game Bar at the Quality Inn located at 201 Woodside Drive, Orillia at 11:30am. We will have lunch first then enjoy an afternoon of bowling and arcade games. **Your cost is \$20; this will cover a package deal of lunch and tokens to play the games. Please arrange your transportation to pick you up from this location, 201 Woodside Drive, at 3:30pm.**
- Sept 05** **Brain Power** and an opportunity to **Work On Goals** in the morning. At 11:00 am, we will arrive at **Red Caboose Mini Golf** via taxi. Your cost for a menu item lunch (hamburger, or sausage or veggie burger or french fries) including a beverage, ice cream and one round of Mini Golf will be \$15.00. **Please bring the required money (\$15) to cover your lunch and golfing fee.**
- Sept 10** In the morning, we will go for a **Walk** and have an opportunity to **Work On Goals**. After lunch, it's time for **Phase 10** card game.
- Sept 12** A **Sing-A-Long with KC** takes us to lunchtime. An active game of team **Shuffleboard** begins after lunch.
- Sept 17** **MINDFull Diners' Club** menu today is personal pizzas with a side salad. Our favourite **Arts & Crafts** gurus Veronika & Jen will join us and encourage us to tap into our creative minds to create a Hallowe'en themed painting.
- Sept 19** **Chromino** coloured tiles game is on the agenda this morning. After lunch, "all aboard" for our **Orillia Boat Cruise!** The cruise departs at 2:15pm for a one and a half hour tour. Friends and family welcome. Please arrange your pick-up ride location and time to be from the dock/port when the cruise ends at approximately 3:45pm. **Cost per person is \$25.**
- Sept 24** **Program Planning** for our November and December calendars followed by the word-making card game **Quiddler** fills our morning time. After lunch, a game of team **Jumbo Sequence** will have you strategizing to win or maybe block your opponents from a win!
- Sept 26** We will finish **Program Planning** then enjoy a few games of **Bingo** before lunch and **5 Crowns** after lunch.

****Please contact Lyn or Shannon to confirm schedule****

Morning activities start at 10:00am with VON SMART exercises and afternoon activities start at 1:00pm

Lunch is from 12:00 to 1:00 pm. A guided meditation is scheduled during lunchtime for those wishing to participate before afternoon activities begin. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services
9 Front Street, Orillia (Orillia Youth Centre)
Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178
Lyn Pope ext 242 / Shannon Pillsworth ext 234



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Check out our Website! www.braininjurieservices.ca

Come out and join us for some fun social, recreational, skill-building activities!