


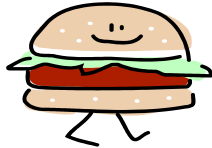




August 2019 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
		<p>August's birth flower is Gladiolus</p> <p>August's birth stone is Peridot</p>		<p>01 OPP Museum Visit</p> 	02	03
04	<p>05</p> 	<p>06 Brain Power</p>  <p>Quiddler</p>	<p>07</p> <p>First Quarter Moon</p>	<p>08</p>  <p>Chromino</p>	<p>09</p> <p>Orillia Waterfront Festival</p>	<p>10</p> <p>Orillia Waterfront Festival</p>
<p>11</p> <p>Orillia Waterfront Festival</p>	12	<p>13 Telestrations</p>  <p>Arts & Crafts</p>	14	<p>15 Full Moon/Corn Moon</p>  <p>Leacock Museum Visit</p>	16	17
18	19	<p>20 Going For Burgers & Games At The Waterfront</p> 	21	<p>22 MINDfull Diners' Club</p>  <p>Brain Power</p>	<p>23</p> <p>Last Quarter Moon</p>	24
25	26	<p>27 Walk to Orillia Library</p> 	28	<p>29 Jumbo Sequence</p>  <p>Magnetic Darts</p>	<p>30</p> <p>New Moon</p>	<p>31</p> <p>Port of Orillia Pirate Party</p>

Orillia Adult Day Services for August 2019

- Aug 01** We are going to spend the day at the **OPP Museum**. **Bring your own lunch or bring money to purchase your lunch in the onsite cafeteria** (admission to the museum is free). **Arrange your transportation to bring you to the museum (777 Memorial Avenue, Orillia) for 10:00am and pick up from this location for 3:30pm.**
- Aug 06** **Brain Power** exercises are first on the agenda this morning. The word game **Quiddler** happens after lunch. I wonder what new words we will learn today!
- Aug 08** **Minute To Win It** is comprised of 60 second challenges designed for laughter and fun. After lunch, we will play our coloured tile matching game **Chromino**.
- Aug 13** **Telestrations** game begins our day. As our sketches morph into different images and depict a different word the laughter will begin! There are two options to paint this afternoon in our **Arts & Crafts** session. Choose from a small ornamental bird feeder or a pre-primed container. Containers can be made into piggy banks, or get creative and come up with your own use.
- Aug 15** We will taxi to the **Leacock Museum** at 10:00 am and spend the day there. Please arrange to be picked up from the Leacock Museum at 3:30pm. (50 Museum Drive, Orillia L3V 7T9).
- Aug 20** We are **Going For Burgers and Games At The Waterfront** today (weather permitting). **Please bring money to purchase your own lunch** or bring a lunch with you.
- Aug 22** **MINDfull Diners' Club** today and we are making chicken pitas and Caesar salad. After feeding our brains, we will put them to work doing a variety of **Brain Power** exercises.
- Aug 27** This morning, we will walk to the **Orillia Library** (weather permitting). After lunch, we will play **Bingo** for prizes.
- Aug 29** We will pair up to play **Jumbo Sequence** this morning. A game or two of **Magnetic Darts** will keep us active this afternoon.

****Please contact Lyn or Shannon to confirm schedule****

Morning activities start at 10:00am with VON SMART exercises and afternoon activities start at 1:00pm

Lunch is from 12:00 to 1:00 pm. A guided meditation is scheduled during lunchtime for those wishing to participate before afternoon activities begin. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services
9 Front Street, Orillia (Orillia Youth Centre)
Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178
Lyn Pope ext 242 / Shannon Pillsworth ext 234



Check out our Website! www.braininjuryservices.ca

Come out and join us for some fun social, recreational, skill-building activities!