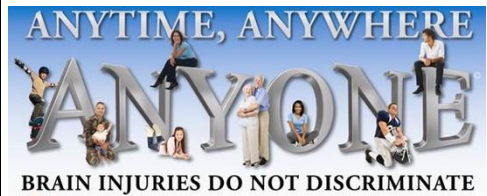
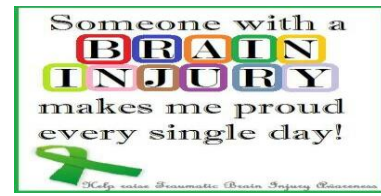










## June 2019 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
						01
02	03 New Moon	<b>04 Walk to Mariposa Market</b>  <b>Chicken Foot</b>	05	<b>06 What Dance Can Do – Gentle Moves Class</b>  <b>Brain Power / Work On Goals</b>	07 Spring Boat Cottage Outdoor Show 7 <sup>th</sup> to 9 <sup>th</sup>	08
09	10 First Quarter Moon	<b>11 Work On Goals Wordspiel</b> 	12	<b>13 What Dance Can Do – Gentle Moves Class</b> <b>Lunch at 201 Grill &amp; Game Bar</b> 	14	15 Streets Alive Kick Off
16 	17 Full Moon/ Strawberry Moon	<b>18</b>  <b>Community Walk</b>	19	<b>20 What Dance Can Do – Gentle Moves Class</b> 	21 Summer Solstice 	22 Christmas In June Port Of Orillia
23/30	24 St. Jean Baptiste Day	<b>25</b> Last Quarter Moon <b>Quiddler</b>  <b>Horseshoes</b>	26	<b>27 What Dance Can Do – Gentle Moves Class</b>  <b>MINDfull Diners' Club</b>	28 June's birth flower is Rose	29 June's birth stone is Pearl

# Orillia Adult Day Services for June 2019

- June 04** Our first day together in June begins with a walk (weather permitting) to **Mariposa Market (please bring money to purchase your own beverage and treats)**. After lunch, we will get out the dominoes for a game of **Chicken Foot**.
- June 06 9:45am** This morning we will leave the program site and walk to the Orillia Waterfront Centre for our second **What Dance Can Do – Gentle Moves** class from 10:00am until 11:30am (**pre-registration and payment required \$35**). We will walk back to our program site for lunch followed by **Brain Power** and an opportunity to **Work On Goals**.
- June 11** In the morning, we will play **Wordspiel** and have an opportunity to **Work On Goals**. After lunch, it's **Bingo**; good luck!
- June 13 9:45am** This morning we will leave the program site and walk to the Orillia Waterfront Centre for our third **What Dance Can Do – Gentle Moves** class from 10:00am until 11:30am. Next, we will taxi to the 201 Grill and Game Bar at the Quality Inn located at 201 Woodside Drive, Orillia at Noon. We will have lunch first then enjoy an afternoon of bowling and arcade games. **Your cost is \$20; this will cover a package deal of lunch and tokens to play the games. Please arrange your transportation to pick you up from this location, 201 Woodside Drive, at 3:30pm.**
- June 18** We begin our day matching two colours on tiles in the game **Chromino**. After lunch, we will go for a **Community Walk**.
- June 20 9:45am** This morning we will leave the program site and walk to the Orillia Waterfront Centre for our fourth **What Dance Can Do Gentle Moves** class from 10:00am until 11:30am. After lunch, we will play the card game **Jok-R-Uummy**.
- June 25** We begin with the word-making card game **Quiddler**. A game of team **Horseshoes** after lunch will get us up and moving.
- June 27 9:45am** This morning we will leave the program site and walk to the Orillia Waterfront Centre for our fifth **What Dance Can Do – Gentle Moves** class from 10:00am until 11:30am. **MINDfull Diners' Club** today will be "make your own submarine sandwich."

**\*\*Please contact Lyn or Shannon to confirm schedule\*\***

**Morning activities begin at 10:00am with VON SMART exercises and afternoon activities begin at 1:00pm**

**Lunch is from 12:00 to 1:00 pm. Some activities are weather permitting and/or may require a fee**

**Brain Injury Services – Orillia Adult Day Services**  
9 Front Street, Orillia (Orillia Youth Centre)  
**Tuesdays and Thursdays 9:00am - 4:00pm**

**Barrie Office** 705-734-2178  
Lyn Pope ext 242 / Shannon Pillsworth ext 234



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**Check out our Website!** [www.braininjuryservices.ca](http://www.braininjuryservices.ca)

**Come out and join us for some fun social, recreational, skill-building activities!**