

May 2019 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
		May's birth flower is Lily of the Valley May's birth stone is Emerald	01	02 Quiddler  Shuffle Board	03	04 New Moon
05	06	07 Workshop  Wizard	08	09 5 Crowns  Card Making	10	11
12 First Quarter Moon 	13	14 Brain Power 	15	16 Chicken Foot  Darts	17	18 Full Moon / Suckerfish Moon
19	20 	21 MINDfull Diners' Club  Horseshoes	22	23 Jumbo Sequence  Lunch Outing	24	25 Into The Green & Blues Street Festival
26 Last Quarter Moon	27	28 Program Planning  30 & Phase 10 Dice	29	30 Program Planning President Card Game  Favourite Music	31	

Orillia Adult Day Services for May 2019

- May 02** We start our day with the card game **Quiddler**. What words will we come up with this round? Following lunch we will be up and active playing **Shuffleboard**.
- May 07** This morning we will be decorating masks as part of the **unmasking brain injury project**. The mission of Unmasking Brain Injury is to promote awareness of the prevalence of brain injury. Following Lunch we will be playing the card game **Wizard**.
- May 09** **5 Crowns** will begin our day. Following Lunch we will be getting crafty **Making Cards**. You can make cards for upcoming mother's day or for any other special occasion or person in your life.
- May 14** This morning we get our thinking caps on for some **Brain Power**. After lunch, we will taxi to **Orillia Bowl** located at 285 Memorial Drive for one hour of **5 Pin Bowling (your cost is \$10 for shoe rental and bowling)**. Bowling will begin at 1:30pm. Following bowling we will taxi back to our program site for your choice of game.
- May 16** This morning we will be playing a new group favourite game of **Chicken Foot**. After lunch we will be up and moving playing **Magnetic Darts**.
- May 21** Today's menu for **MINDfull Diners Club** is personal pizzas. Following lunch once our full stomachs have settled we will be getting up and active with **Horseshoes**.
- May 23** We begin our morning pairing up for a game of **Jumbo Sequence**. We will then walk to **Bounty Fish and Chips** for a lunch outing located at 18 Colborne St W. **(Please bring money to cover the cost of your own lunch)**. After lunch we will walk back to our program site for your choice of games.
- May 28** Today we get the dice rolling! To start our morning we will be playing **30 dice**. Following lunch we will be playing **Phase 10 Dice** edition.
- May 30** Today our morning begins with the card game **President**. After lunch we will enjoy an afternoon of our **Favourite Music** and tunes.

****Please contact Lyn or Shannon to confirm schedule****

Morning activities begin at 10:00am with VON SMART exercises and afternoon activities begin at 1:00pm

Lunch is from 12:00 to 1:00 pm. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services
9 Front Street, Orillia (Orillia Youth Centre)
Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178
Lyn Pope ext 242 / Shannon Pillsworth ext 234



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Check out our Website! www.braininjuryservices.ca

Come out and join us for some fun social, recreational, skill-building activities!