

# May 2019- Barrie Community Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
		1	2 <b>DROP IN</b> <b>1:00-4:00</b>	3	<div data-bbox="1591 462 2045 787" data-label="Image"> </div> <p data-bbox="1730 829 1906 857" style="text-align: center;"><u>Please Note</u></p> <p data-bbox="1612 899 2024 1000" style="text-align: center;">*Program Room Will Be Available 10 Minutes Before Start of Group*</p> <p data-bbox="1612 1075 2024 1143" style="text-align: center;">Stop by our website! <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p>
6	7 <b>New Me Moving Forward</b> <b>1:30-3:00</b> <b>Registration Required</b>	8	9 <b>DROP IN</b> <b>1:00-4:00</b>	10	
13	14 <b>New Me Moving Forward</b> <b>1:30-3:00</b> <b>Registration Required</b>	15	16 <b>DROP IN</b> <b>1:00-4:00</b>	17	
20 <b>Victoria Day</b> <b>Office Closed</b>	21 <b>New Me Moving Forward</b> <b>1:30-3:00</b> <b>Registration Required</b>	22	23 <b>DROP IN</b> <b>1:00-4:00</b>	24	
27	28	29	30 <b>DROP IN</b> <b>1:00-4:00</b>	31	



21 Essa Road, Unit #1, Barrie, ON L4N 3K4

**ALL TUESDAY WORKSHOPS REQUIRE PRE-REGISTRATION PLEASE CONTACT REBECCATO REGISTER AT 705-734-2178 ext 222 or [rswift@braininjuryservices.ca](mailto:rswift@braininjuryservices.ca)**

### **New Me Moving Forward**

Join us for a facilitated peer discussion of strategies to cope with brain injury. We will explore strengths and challenges after brain injury and you will have the opportunity to talk about what works for you, what doesn't and how to move forward from where you're at.

### **Drop In**

We encourage you to come by for coffee, chat with others, play a game of cards, work on the computer or access our resource room. Everyone is welcome to attend. Join us every Thursday from 1-4 pm.