





April 2019 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
	01 APRIL FOOL'S DAY	02 Phase 10  Horseshoes	03	04 Brain Power  Jumbo Sequence	05 New Moon	06
07	08	09 Group Crossword  Shuffleboard	10	11 TriBond Making Cards	12 First Quarter Moon	13
14 Palm Sunday	15	16 Walk to Mariposa Market  President Card Game	17	18 MINDfull Diners' Club  Magnetic Darts/Work On Goals	19 Full Moon / Flower Moon Good Friday	20
21 Happy Easter	22 Easter Monday 	23 Chicken Foot Game  10,000 Dice	24	25 Crokinole Lunch at 201 Grill & Game Bar 	26 Last Quarter Moon	27
28	29	30 Community Walk  Scattergories		April's birth flower is Sweet Pea April's birth stone is Diamond		

Orillia Adult Day Services for April 2019

- April 02** April begins for us with a morning game of **Phase 10** cards. One of our favourite active games, **Horseshoes** follows after lunch.
- April 04** **Brain Power** challenges fire up our neurons. After lunch, we will play our **Jumbo Sequence** game.
- April 09** In the morning, we will do a **Group Crossword**. Team indoor **Shuffleboard** is our chosen active game for the afternoon.
- April 11** **TriBond** is the fun trivia game we play in teams (pairs). Easter is fast approaching so today will be an opportunity for **Making Cards** for Easter or other greeting cards of your choice.
- April 16** Mmmm, we are walking (weather permitting) to **Mariposa Market** this morning (**please bring money to purchase your own beverage and treats**). By request, we are learning a new card game this afternoon called **President**.
- April 18** For **MINDfull Diners' Club** today we will make a nutritious, good for your brain recipe from our cookbook called Turkey-Sweet Potato-Spinach Shepherd's Pie. **Magnetic Darts** and an opportunity to **Work On Goals** happens after lunchtime.
- April 23** The dominoes game **Chicken Foot** will be played this morning. After lunch, we will play **10,000 Dice**.
- April 25** **Crokinole**, played in teams begins our day. At 11:30am, we will taxi to the **201 Grill and Game Bar** at the Quality Inn located at 201 Woodside Drive, Orillia. We will have lunch first then enjoy an afternoon of bowling and arcade games. **Your cost is \$20; this will cover a package deal of lunch and tokens to play the games. Please arrange your transportation to pick you up from this location, 201 Woodside Drive, at 3:30pm.**
- April 30** Weather permitting, we will head out for a morning **Community Walk**. After lunch, we will play **Scattergories**.

****Please contact Lyn or Shannon to confirm schedule****

Morning activities start at 10:00am with VON SMART exercises and afternoon activities start at 1:00pm

Lunch is from 12:00 to 1:00 pm. A guided meditation is scheduled during lunchtime for those wishing to participate before afternoon activities begin. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services
9 Front Street, Orillia (Orillia Youth Centre)
Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178
Lyn Pope ext 242 / Shannon Pillsworth ext 234



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Check out our Website! www.braininjurieservices.ca

Come out and join us for some fun social, recreational, skill-building activities!