

February 2019 – Muskoka Community Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
4	5 BRACEBRIDGE Lunch & Learn 12–2:30 p.m.	6 HUNTSVILLE Organization 1 – 2:30 p.m.	7	8	 <p style="text-align: center;"> Check out our website! www.braininjuryservices.ca </p> <p style="text-align: center;"> Give us a call 1-877-320-1950 </p> <p style="text-align: center;"> Cynthia ext: 245 Trisha ext: 226 </p>
11	12	13	14	15 GRAVENHURST Peer Support 1 – 2:30 p.m.	
18	19	20	21	22	
25	26 BRACEBRIDGE Art workshop 1 – 3:00 p.m.	27	28		

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- February 5 Lunch and Learn. Join us in the Community Room at Your Independent Grocer (YIG) in **Bracebridge**. We will be making a light lunch and then we will review some strategies to help get you organized.
12:00 p.m. – 2:30 p.m.
- February 6 Join us in the Community Room at YIG in **Huntsville**. We will meet for a peer social and to discuss some strategies to help you get organized.
1:00 p.m. – 2:30 p.m.
- February 15 Join us at “The Friends” office, 141 Sharpe St. West in **Gravenhurst** for a peer social. Come share your community information and helpful tips on living with a brain injury.
1:00 p.m. to 2:30 p.m.
- February 26 Art workshop. Join us in the Community Room at YIG in **Bracebridge**. Nancy Hunter will facilitate an art workshop that will give you the opportunity to complete a piece of art that will be ready for display.
1:00 p.m. to 3:00 p.m.